



FLYING HIGH

INDIAN LANGUAGE SCHOOL

2019 - 2020

PART THREE



Shubhasri Beria - VIII D (Save Electricity)



**COLOURFUL
CANVAS
CLASSWISE ARTWORK**

INDIAN LANGUAGE SCHOOL 2019 - 2020

LKG

OVERALL 1ST PRIZE



SHAKTHI PAVITHRAN

1ST PRIZE



YAZHINI MUTHUKUMAR

2ND PRIZE



MUKUND KHANDAL



NATALIA

UKG

OVERALL 1ST PRIZE



AQSA NAWAZ

1ST PRIZE



JELINE JUSTINE



KANAV AGARWAL



PARAM GADIT



RUDRA VINAY BUTANEY

UKG

2ND PRIZE



AADYA GURUPRASAD KOTIAN



PRATISHA KUNDER



SAACHI SACHIN SHETTY



SHRIBAISHNABI MOHAPATRA



SREERAM REMESH

CLASS I

OVERALL 1ST PRIZE



SHARANYA PAUL

1ST PRIZE



HRIDAAN AIDASANI



MEGHA BODA



SHARAN VISWA VIJAYAKUMAR



DEVANSH ASHISHKUMAR MODI

CLASS I

2ND PRIZE



AGASTYA RAGHUNADHABHATLA



DHRUV RATHI



KHANAK MAKWANA



KIRUSHIKA VARDINI



VANSHI NAVEEN ANCHAN

CLASS II

OVERALL 1ST PRIZE



HARSHITA JAIN

1ST PRIZE



AKANKSHA TRIPATHY



MANYA SHARMA



RIYA RAJESH PANAMPILLY



SIDHARTH SREEJITH

CLASS II

2ND PRIZE



ANANYA



GAURAV FATNANI



IVANA PARASAR



SREEBALA SUDHEER



YASHIKA CHAUHAN



DIYA PATIL

CLASS III

OVERALL 1ST PRIZE



SANNAH NAHAR

1ST PRIZE



ASHMITA SAHOO



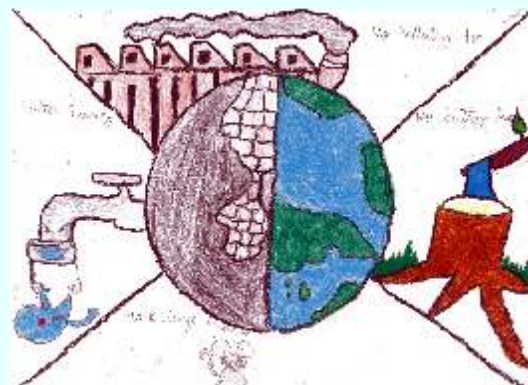
FALIT PURSWANI



ANITA PANDA



GUNJAN ASNANI



SIDDIKSHA RAVIKUMAR

CLASS III

2ND PRIZE



ANANYA BALAJI WAGHMARE



KANAK AGNIHOTRI



KRISHA NAUTIYAL



MANSI KHATTAR



RIYAAN VAIDYA



SANVI DHOUNDIYAL

CLASS IV

OVERALL 1ST PRIZE



SHASMITA L.V.B

1ST PRIZE



NISHKA BENIWAL



DEVANSH MISHRA



NAVYA SAGARAM



ARCHISHA TRIPATHY



SHLOK MISHRA

CLASS IV

2ND PRIZE



ABHINAV SHAURYA



ADITI RAVI KUMAR



ANUSHKA CHANDEL



ARYA KADAM



DHARSHAN SAMY VIJAYAKUMAR



VANSHIKA DEVJANI



SARA RAUT



PRIYANKA SHARMA

CLASS V

OVERALL 1ST PRIZE



SRISAIHARINI V.A

1ST PRIZE



ARMAN DATTA



ANNIS PINTO



DRISHTI GEHANI



JOBANREET KAUR



KANTH KHAITAN

CLASS V

2ND PRIZE



AGAMJOT KOONER



CLAVIN MARK ALMEIDA



DEVSHREE
KHANDAGALE



KLEN FRANSON
DAVIS K



VAISHNAV V.



HITESH LAHEJA



MRIGANK RAI



SHUBHAM BHARADWAJ



SREENIKA PAUL

CLASS VI

OVERALL 1ST PRIZE

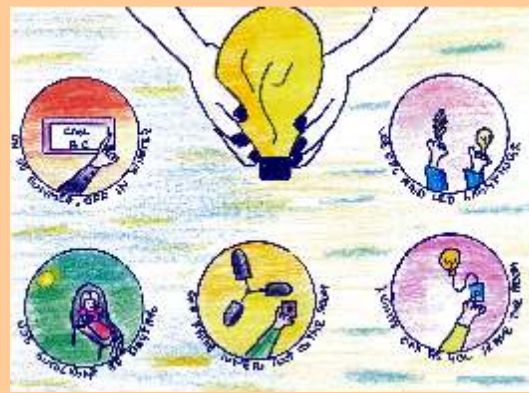


NITYA YADAV

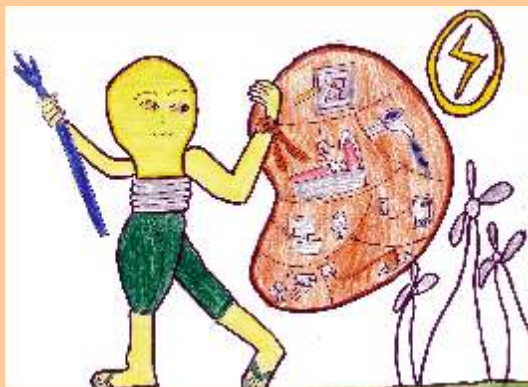
1ST PRIZE



A. SAADHURYA



ADIYA KAMUNI



DIVYA BHARATHI VENKITTU



SRESHTA PATURI

CLASS VI

2ND PRIZE



AMRUTHA



DIVYANSH BHARTI



NISHIKA SOMWANI



PRAGATI TRIPATHI



TANISHQ BHASKAR RAO

CLASS VII

OVERALL 1ST PRIZE



YASHVI CHHEDA

1ST PRIZE



SHIVANI SREEJITH



MARYAM SHAIKH



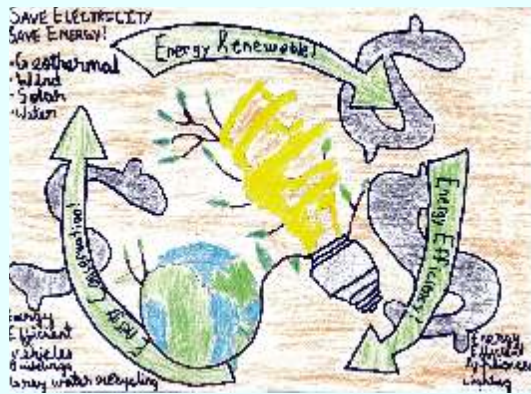
CHRISTA ANN JOFI



VATSA KRISHNA RAJ

CLASS VII

2ND PRIZE



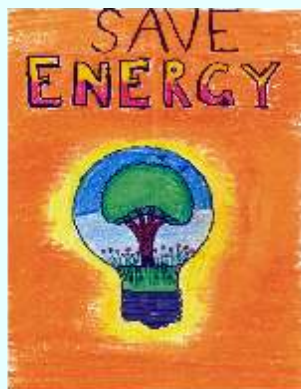
ADALINE LAZARS



MISHTI CHIPLUNKAR



PRISHA BAKSHI



KRITI SINGH



UTKARSH JAIN

CLASS VIII

OVERALL 1ST PRIZE

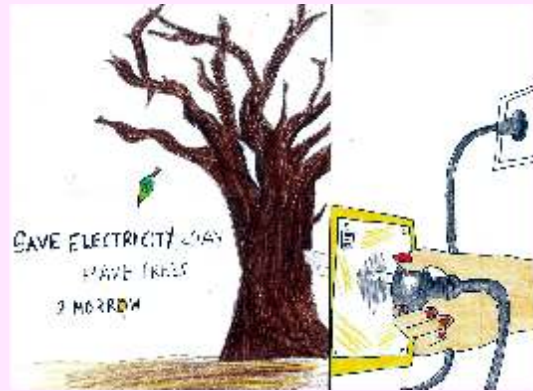


SHUBHASRI BERIA

1ST PRIZE



KOENA MALICK



KENISHA BANASTARKER



DHVANI RATHI



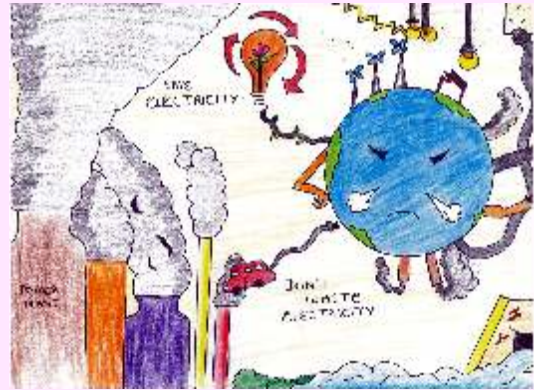
KHUSHI SINGH

CLASS VII

2ND PRIZE



PALAK



PRERRNA ASNANI



SHARVARI BHATKAR



MANYAH SEHGAL



SRIMUMUKHI MURIKI

CLASS IX

OVERALL 1ST PRIZE



ISHITA VIMAL

OVERALL 1ST PRIZE



NAAVYA JAIN

1ST PRIZE



PRISHA MUNDRA



SHREYA MISHRA

CLASS IX

2ND PRIZE



ARSHIA GHOSH



KATE FRANSON DAVIS



MAYANK MOTWANI



MEDHAANSH SAINI



SNEHA MOHNANI

CLASS X

OVERALL 1ST PRIZE



HARSHALA KUMAR

1ST PRIZE



NANDINI SEHGAL



SUBHASHREE PANIGRAHY



R. STEFFY RANJITH

CLASS X

2ND PRIZE



APARNA G. SONI



NOOPUR SANJATA ROUL



PAYAL THAKUR



SUHIM THAPA

CLASS XI

OVERALL 1ST PRIZE



HEERAL RAMESH GOPALDASANI

OVERALL 1ST PRIZE



MOUSOOMI SHIT

1ST PRIZE



ARATHI BIJU



TUSHTI DUGGAL

CLASS XI

2ND PRIZE



ABENI DATTA



RADNYI BANASTARKER



SIDDHI JAGTAP



SMEEHA GARG

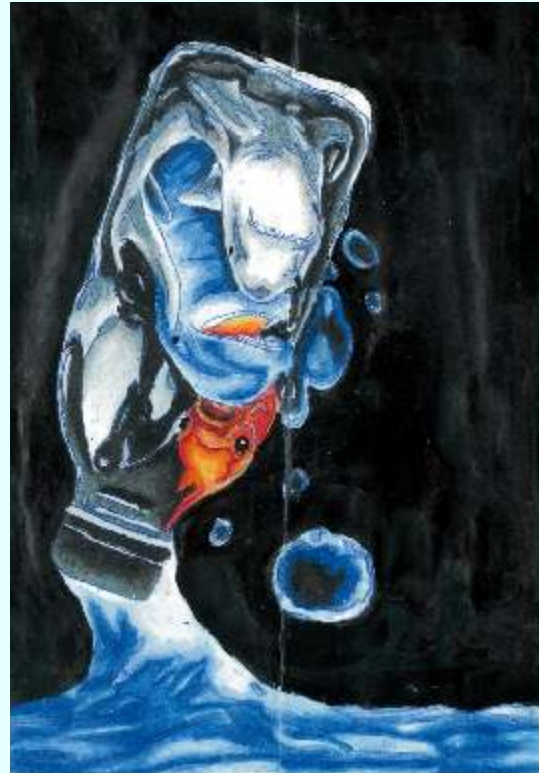
CLASS XII

OVERALL 1ST PRIZE



MANVEER KAUR

OVERALL 1ST PRIZE



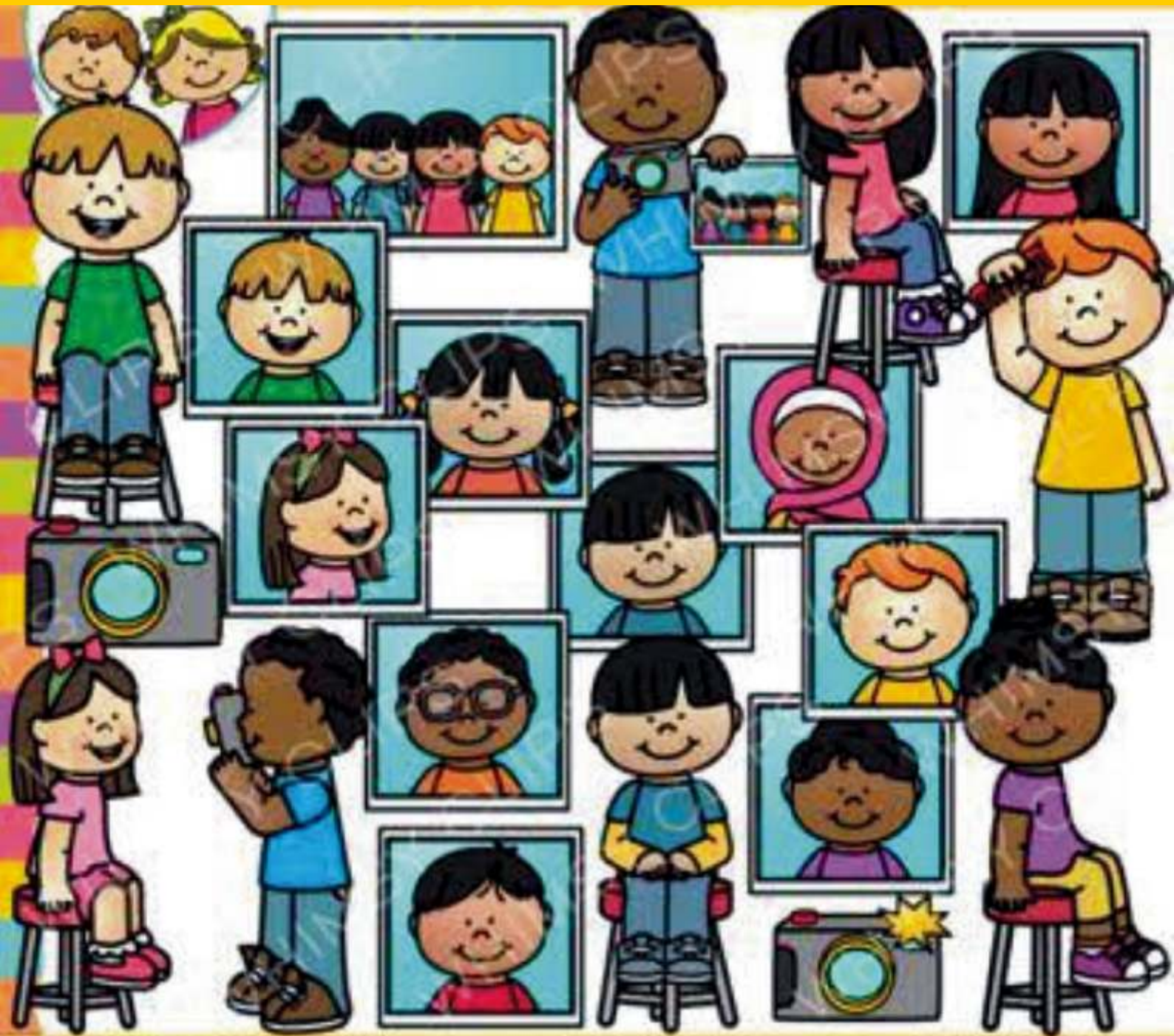
PRITHIK SAINI

1ST PRIZE



NATASHA ABRAHAM

CLASS PHOTOGRAPHS











UKG E



GRADE 1A



GRADE 1B



GRADE 1C





GRADE 2B



GRADE 2C



GRADE 2D



GRADE 2E



GRADE 3A



GRADE 3B







GRADE 4A



GRADE 4B



GRADE 4C



GRADE 4D



GRADE 4E



GRADE 4F



GRADE 5A



GRADE 5B



GRADE 5C



GRADE 5D



GRADE 5E



GRADE 5F



GRADE 6A



GRADE 6B



GRADE 6C



GRADE 6D



GRADE 6E



GRADE 7A



GRADE 7B



GRADE 7C



GRADE 7D



GRADE 7E



GRADE 8A



GRADE 8B



GRADE 8C



GRADE 8D



GRADE 8E



GRADE 9A



GRADE 9B



GRADE 9C



GRADE 9D



GRADE 10A







GRADE 11B



GRADE 11C





GRADE 12B



GRADE 12C

*“Writing is the best way to talk
without being interrupted”*



*Pearls of Wisdom: Articles by
Students and Teachers*

Life is beautiful and full of colours and I love playing with colours. The rainbow inspires me with its beauty in the sky. These colours make me to explore them more and more. The arch shape of the rainbow is something that makes me wonder of how the colours have been arranged by the nature, standing tall in the sky.

I want to become an artist to ensure that I will fill this world with true colours that will bring lots of good cheers to the mankind.

Mark Thomas Sam -1 B

One day, in my school, we had a planting activity. It inspired me a lot. We had a lot of fun and learnt a lot too. Our teacher told us about planting and its uses. Flowers in our garden bring a very nice fragrance. Trees make our Earth free from pollution. By knowing all this, I decided to plant trees in my garden.

Anika Keshan -1 B

I am inspired by Ms Neeraja known as Hijack Heroine and I aspire to become an Air-Hostess. Ms Neeraja was not only brave but also very intelligent in her personal and professional life. She saved 359 passengers from a bad situation.

By becoming Air-hostess one can have chance to go around the world, learn different languages, enjoy different food and meet many people. This time when I travel I will take a picture with Air-hostess Ceana Margaret Almeida -1 C

I love mom. She is so good. When we cry, she makes us quiet. She gives us beautiful presents at our birthday. When we draw something if it is bad, she tells it is very good. She makes us ready for school, she makes breakfast for us. She plays with us. She helps us in something. That's why she is so good.

Saanvi Maurya- 1E

Rain

I can see the raindrops.

I can see the trees move

I can see the raindrops fall down on the ground

I wish I could stay on the cloud

I love rainy season

I am clinging towards the cloud

I play in the rain for a little while

When I see the rain stop ,

It starts raining on the other side .

Beula Susan Jacob -1D

My grandma's gardening inspires me a lot. Whenever I see my grandma's garden I also want to plant fruits, vegetables and flowers. I help her a lot to do work in the garden. Her garden is very beautiful. Green plants are very important for all the living things in the earth because we get oxygen from green plants and trees.

Aarav Singh- 1 A

I get very much inspired by my Khushi teacher, she teaches us Bharatnatyam. She is an excellent dance teacher and I always try to follow her. I would like to become a classical dancer and would like to represent my country India in the world.

Mishika Porwal- 1 A

I wonder if there is a ghost in this world. Most of us are afraid of darkness, mainly in the night. I feel the ghost seems to be black, large and scary. In my opinion ghost is afraid of God as God is powerful and can destroy all the evil.

Suchithra -1 C

I want to become a Pilot when I grow up. I want to fly an Airbus A-380. The Airbus A-380 is a very large plane and can carry up to 555 passengers. It has two decks and 4 engines. On an Airbus A-380 the cockpit is located in front of the upper deck. I have always dreamt of flying an A-380 because I love the plane.

Gaurav Fatnani 2 C

Books are the best. I like reading books. When you read books you would say books are fun to read. You know when you read a book then ,when your teacher tells you will read very fast. If we read book our knowledge gets bigger. Do you know why books are best ? because they are our friends.

Darsh Khatri - 1D

I love watching beautiful rainbow in the sky. It forms when sunlight passes through raindrops. It looks very colourful because of its red, orange, yellow, green, blue, indigo and violet colours. This world is full of colours. we see colours everywhere. I am fond of colouring and painting. It makes me feel cool. I like lovely colours of Holi festival too.

Drushti Patil-2B

We travelled to new countries, first was Seychelles. Seychelles was the best place, we had a swimming pool next to our house plus just some steps in the pool, front there was a beach. Every day we would go to the beach and have fun. Secondly, we went to Kenya for safari, and there we saw Wild beast, Zebra, Elephants, Giraffe, Lion, Cheetah and Rhino.

Aarav Katarki-1 C

During one of the fancy-dress competitions, I had enacted the role of Rani Lakshmi Bai. Although I don't know much of her story, but my mother told me that she was a great warrior who fought for the right cause and sacrificed her life for our freedom. Since that day I admire her as she inspires me to be fearless and courageous. I wish one day I get a chance to do something as great as her.

Avika Kothari- 2 C

A trip to a beach.

In India ,I went to a beach with my cousins. We stayed in a hotel where there were many games to play. In the morning we went to the beach for water sports . We enjoyed banana ride , sofa ride , saucer ride and jet ski . We had camel n horse ride too at the beach side. We ate ice cream n cotton candy. We had a great time...

Diya Patil-2A

I have a pet dog. His name is Casper. He is one year old. He is white in colour and very fluffy. He is very cute, naughty and playful. His favourite food is chicken and rice. He loves to play with ball and teddy. He barks at strangers. He sleeps with me and my sister. I love him very much.

Kunal S. Vasnani- 2-E

As I lay down on my bed in the night, I wonder a lot of things. I wonder why the big heavy ships do not sink in water and my small eraser sinks down in water? I know that Earth is round, then why does not all the water from the oceans fall into the space when it falls down from my ball? Why do we not fall from the Earth when it is moving around the Sun? I get tired from going to school five days a week, but the Earth doesn't get tired running around the Sun for billions of the Earth? Doesn't she need a weekend off and relax on the beach? Who punished the Sun to stand at one place and all the planets to run around it? Are they playing dodge ball or musical chairs? As I turn and ask my mother, she just smiles and tells me "when you grow up, find out the answers to your questions". I want to grow up fast. I wonder when....

Nakul Sharma -2C

Everyday my father takes me out after dinner to see the stars. I was surprised because I could not count the stars in the sky. I asked my father about stars, the moon and the sun. But he could not answer all my questions; so he started to show me space videos.

Then I started dreaming about going to space. My interest started growing when my teacher taught me more about space. I would love to go to space one day and jump high, learn more things and have a lot of fun. I also dream of going to the moon and counting stars. This is the biggest desire in my life.

Pranav Midhun- 2 A

When I will grow up I would like to become a doctor. I will build a hospital. I will treat people who are ill and are suffering from diseases. I will also arrange free services for poor people who don't have money. I will make sure that poor people get free medicine and good care.

Yashika Chauhan-2E

I want to be a teacher because I want kids to learn and be smart. I want to teach them ABC and numbers. I get to see kids the whole year and that's fun. I want to be a 1st grade teacher because I get to do fun stuff with them. I want to read books to them.

Aashita Ashish- 2 A

Whenever I travel by plane, I like airhostesses, their dresses, beautiful faces and helpful nature. I acted as Neerja Bhanot an airhostess in the "enact of famous personalities" I was so surprised to know that she saved lives of many people and gave her life. I wish all of us become brave and strong like her.

Ivana Parasar – 2 B

I am inspired by my mother. She is really a good mother who takes care of all our needs. I am inspired by her just not because she is my mother, but because she is a great human, who has taught us the moral responsibility of society and she is very active in that. She has taught us to respect each human being irrespective of poor or rich, small or big, relatives or friends and known or unknown persons also.

Lavanya Goswami-2E

Colors are full of life, and when our life is full of color it's becomes more beautiful, vibrant and positive. Each color has its own meaning. I wake up in the morning I see the sky is white and blue so everywhere I see calmness and soon it fills with yellow and orange which gives us energy and joy. And then it turn Red which tell us to do hard work and gives us strength to win. At the end the sky fades to Violet which brings love and peace to our life.

Tejasvi Singh -2 B

One day Rita was not happy because she got bad marks in her maths exam. One night when Rita was sleeping a fairy appeared. Rita was scared and she asked, "who are you?", the fairy said "I am a fairy. How can I help you?" Rita said. " Can you make my dream come true?" The fairy said "Your dream will come true. When Rita woke up in the morning her mother asked her questions of English Exam. She told all the answers correct. Her mother and father were very proud of her. The fairy appeared again. The fairy winked at Rita. Rita was very happy.

Sreebala Sudheer – 2 A

My aim in life is to become a Scientist. My role model is our former President Abdul kalam . Creating a revolution in science is my greatest ambition in life. My parents support me a lot in making my ambition true. There are a lot of problems in the world. There are just half solved or not solved that is why I want to solve that remaining problems when I become scientist.

Ansh D. Badiyani- 2B

One day when I felt sick, my Mom and Dad took me to the hospital. Doctor used stethoscopes to check me . I was so surprised that how doctor will know about my body's condition just by using stethoscope?? That day I decided to be a doctor in my future, so that I can also cure patients when they are sick. I will also suggest people about their food diets so that they can be strong enough. For poor people I will surely do free treatment.

Divya Suryavanshi -2 C

I want to become a doctor. I want to treat people. To become a doctor I've to study very hard. The study for doctrine is done in medical college. There are different medicines for different disease. I like to cure people's pain, so for that reason I selected being a doctor.

I will try my best to fulfil my dream.

Hrida Bhambhani-2 D

I aspire to become an athlete and represent my country on global level in Olympics. Our country with the highest population has only a few women athletes. Once I become an athlete it will help me motivate and inspire other women to take part and make our country proud. Our country women have the talent to be the best athletes in world, what they lack is motivation, inspiration and support.

Urvashi Bhole- 2 E

Trees are important for us . Trees give us fruits, vegetables and different kind of flowers .Some trees are big and some trees are small .Trees are the best friends of humanity. Trees gives us oxygen. Bamboo trees give us papers .Some trees give shelter to birds and animals .We should plant many trees around us . So we have to save the trees and trees will save us.

Pragna- 2 E

It was a sunny day. I convinced my dad to take me to beach. I ran into my room to take my swimming glasses because I know swimming . When we all went into the car my father looked at the time and said hurry up . I was very happy as my friends also joined with us. When we all reached the beach we all started jumping on the seashore. I enjoyed whole day with my friends and family with lots of fun.

M.Aashish Krishnan-2E

1. MY MOTHER

"God could not be everywhere so he made mothers."

A mother cares for, worries for and protects her child as long as she lives. My mother is the perfect mother. The prettiest woman in my eyes, my mother is a bold lady. She is calm and takes decision with clarity. Emotions do not come in her way and she puts everything on stake to bail her loved ones out of trouble. No tears and no panic. She is a perfect blend of virtues. She is lively, superb cook, successful you tuber, excellent teacher, patient listener and my best friend. She takes me to task if I do something wrong and gets me back on track! Only a mother is capable of such great intuitions, selfless and unconditional love. She is my idol and as long as she lives there will be no dearth of love.

Kriya Prajapati - 6 A

2. THE NEED FOR DISCIPLINE IN SCHOOL LIFE

Discipline means to be punctual in work, active in every task and to respect elders. Punctuality means to be perfect at time. Reaching school at correct time is very important. We should also do our works in time. We should also respect and obey the elders. Giving respect in our life is very important! We need to respect any person even small children as well, as we expect respect from others we should give respect. GIVE RESPECT AND TAKE RESPECT!

My grandfather has a very good habit. Wherever he has to go for some work he goes earlier to that place (10 minutes before). He always says "every object has a place and that is where it should be kept". He teaches me to keep my school things (like books, school water bottle, shoes and socks) in the previous night itself. My father has learnt a lot of this good things from my grandfather. Now I am learning more good things from my father. My father is my role model! We need to be discipline in our life. A self-disciplined person is a good citizen of the nation....

SHAKTHI RATHINAM.B - 6B

3. MY MOTHER

Born on the 15th of November 1975 was my mom, Chanda Devi Goldsmith. She was born in Manipur. Their family owned a farm. My mom said that she would wake up 5:00 am in the morning. She would make her bed, sweep the floor, study for a little while. Then get ready for school. My mom told us that she used to walk two kilometers to reach school. My mom till this day tells us that she used to love to pick wild berries and eat them. My mom and her siblings used to speed walk to reach school as they were in a hurry. But when they were coming back they would talk and take their time to go home. As the sun sets a lot faster there, they would sleep by 7:00 pm. My mom wanted to be a lawyer, but could not because of financial reasons. So, she settled to be a nurse like a lot of other family members. She went to study further in Assam. When she was working, she met my father, who was also working at the hospital. Then after three years of being married she had my sister. Then after three and a half years came me. And now my mother is living a happy life with her family.

Chelsea Goldsmith - 6 B

4. THE NEED FOR DISCIPLINE IN SCHOOL LIFE

Discipline is needed in all works of our life, school, home, everywhere. It is the thing we need to grow. The school helps to discipline to students for a better lifetime. Discipline in school is like when a farmer irrigates his field, he waters his plants from one village to another. The plants can soon grow big like how discipline makes our studies better for the future. Discipline in school life is very important for the well beings of the students. Whatever we are taught in school we need to implement and discipline teaches us that. In school life students have a tender mind and do not know what is right or wrong. They need constant guidance from their teachers or can even go towards the wrong way. The teachers of the school help the children to find the right path for the future. The teachers find a way to help the students to get enough education for the right path. That is why discipline is important in school life.

AARNA ARORA - VIE

5. IF I WERE A MAGICIAN

If I were a magician, I would use my magical skills to do everything that I wished for, but possibly couldn't do because in reality, they may not happen. I would first love to magically visit those destinations that I always preferred to go, but I couldn't scuba diving under the seas snorkelling in the great barrier reefs, climbing high rise alps, snow skating and skiing in the laps of the Himalayas etc. I would also love to explore river rafting and other risky adventures magically, since in real life I may not have resorted to trying them, given the risks and pains associated with them. Travelling has always been fun and experiences are always enriching, so if I am able to do it magically by going to whichever place I prefer to go and doing whatever adventures I like to, then being a magician would be a great experience. And as a magician my biggest task would be to encourage people to be hardworking by nature. Generally the tendency of people is not to listen to words if told plainly. My aim is to have a clean and green city which I aim to achieve magically.

Nishika Kamal Somwani 6 C

6. Gardens are always the best option for our daily life, whenever I get time I put on my tracking clothes and go for a walk in the garden. There a beautiful garden in my compound where I get to see lots of trees, flowers and varieties of butterflies and other insects. I love flowers and greenery and our garden contains lots of colourful flowers of various varieties. I like talking to flowers & to interact with each and every one of them. We have swimming pool & tennis court near our garden also has a small ground where we all play lot of games. A Garden is a place for those who love greenery, my favorite color is not green, but the greenery that I see in the garden is something else as it makes me feel like I have never seen something more amazing than it. Our garden has lots of slides, toys, tree house & roundabouts for children. As the evening falls they turn on all the lights. Its looks very soothing to your eye. My mum loves to sit in our balcony and enjoy her evening tea looking at the garden. Our garden is perfect for every kind of person and for any kind of activity that people can perform.

VANSHIKA GUPTA. - 6 D

6. IF I WERE A MAGICIAN...'

If I were a magician, I would create a magical pencil that writes whatever I say, children would love to see as it will help writing homework etc. and it helps the aged and physically disabled to do their writing jobs.

Next, I would create a magical travel mat that can take us wherever we want to go, people enjoy travelling and moving around places in no time for free, it would be a great relief for air pollution caused by the vehicles.

Also, I would create a blanket which can hide us when it is wore, which can be helpful for police to find the thieves. This is only meant for police.

would create an Akshaya pot which gives food to the needy all the time, because many people around the globe are dying from hunger.

Then, I would create a magical magnifying X -ray glass which can show us the water resources in the ground enabling us to do the drilling at the right place avoid deaths of innocent children falling in the bore hole traps!

If I become a magician, I would create a telescope which can show us the whole galaxy to study about the solar system.

Probably, I would create a gee-boom-baa tap which transforms salt water to drinking water which is a huge crisis for every living being in the world.

I would love to create a beautiful magical world where there is only peace and happiness! It's my dream and ambition too.

So, if I were a magician, I would make people happy and astonish with all my magical tricks and powers. My magical plays makes people to be closer with the nature.

K.A. SHREE ARCHIDHAA - 6C

A TRIP TO ELEPHANTA CAVES

The popular Elephanta Caves just off the coast of Mumbai has a lot more to offer than we know. People of Mumbai love to include Elephanta Caves in their tourist attractions. It is situated between South Mumbai in the West and Uran in the East. It is a floating drop of wilderness that transports its visitors away from the busy city.

My friend, Soham, had his 78-year old grandfather visiting him for a couple of weeks. One day he took him to the Elephanta Caves on a sunny Sunday afternoon.

Even I joined them.

Reaching Elephanta Caves was a roller-coaster experience. It consisted of five Hindu Caves and a few Buddhist stupa mounds. The caves were dirty and defaced as they were built in the ancient times. After we arrived at Gateway, we bought tickets for ferry, stood in a queue and jumped on the boat bumping against stairs.

Our excitement kept on building. As the ferry flowed ahead, then it negotiated its path from other vessels, yachts, ferries and boats.

The people lined up on the lower deck popping a ten-rupee note that allowed taking the wooden ladder and moving to the upper deck. It offered a far better view and an enjoyable experience. We wanted to avoid the last-minute rush and by the time we reached near the shore, the sun was just about to set. It was a pleasant experience for us.

DEVANSH SINGH THAKUR - VIIIA

IT WAS WRAPPED LIKE A PRESENT, BUT...

One horrific day, when the sky was black and the flowers drooping, and a huge storm raging outside my door. I heard a knock on my door. As I was walking towards the door, I wondered who would bother to come to my house on such a dreadful day. As I opened the door, I saw something not someone. There was a giant box, almost as tall as me on my porch covered in wrapping paper. I called my brother and pushed the box into my house.

As we opened the box, to our extreme astonishment, there was a dog. It was beaten and was bruised on its body and legs. On checking the box once again, we found a note attached, it said "Kindly take this dog, if you don't want it, please leave it on the road. Thank you." Seeing the dog's condition, we decided to keep it. We fed the dog, and nursed it back to health. It slowly got better and better, and to this day, the dog is still with us, living a healthy life.

ADWITA NAMBIAR - VIII B

HARDEST THING ABOUT BEING A TEENAGER

When you're a teenager, you start feeling like you've already grown up and start to want some more space. You want to be independent and start deciding your own rules and believe what you do is right.

Teen is one part of life where we have the chance to spend most of the time with our friends. But our minds can evolve and sometimes though friendship seems like one of the greatest things created on Earth, it can sometimes make us go on the wrong path. As developing minds it is essential for children of this age group to understand the right thing and be able to differentiate between what is right and what is wrong. This indeed, being a teen myself is not easy and sometimes this stage is the time where we enjoy growing up and seem to judge everything we think as a right choice. This is not wrong, as this helps teenagers become more confident about themselves and do not need to depend on anyone to tell them what to do and what to not. But sometimes this may go a little out of hand and this may lead to negative thinking. Another reason for this is peer pressure: when we feel like doing something just because a majority is. Though teens are quite old enough to understand good and bad values they aren't that old enough to understand entirely what is good for themselves and when they see other teens doing something they too try and get into the habit of doing it. Now most of the time it is not always a good thing that they turn out in doing is not always good. When parents notice this and try to correct them their child gets threatened. Pressurised teens try to do all sort of things even beyond their age limit. It is really difficult to cope up by staying on the right track but what will others say? What if I'm wrong because if everyone is doing it, it should to be a good thing then shouldn't it? There is an age to do everything, and we must always try enjoying our time in right way. Sometimes fun in teen life is great but we must also remember that 'too much is too bad'. One of my teachers also one said to us: "Imagine that you are holding a glass of orange juice, add some sugar to it, it tastes sweet doesn't it? Now add a little more sugar. It tastes even sweeter. Keep on adding more. Now taste it. It tastes too sweet to even drink."

Therefore, I conclude that teenage is one of the greatest and even one of the most difficult stages of life as though it is a time of friendship it is a time for us to decide what is right for us and what is not.

ASHIKAR.NAIK - VIII E

HARDEST THING ABOUT BEING A TEENAGER

It is rightly said that-"Youth comes but once in a lifetime"-Henry Wadsworth. In today's world being a teenager is not a child's play. There are different obstacles that they would face, decisions to make, and choose roads to take. The people and the environment around greatly affects the way teenagers think and act.

This is the time when mental stability unquestionably plays a huge role in life. Once this peace of mind is lost he/she heads towards the wrong track. Vices such as drinking, smoking and even consuming drugs remain very prevalent for teenagers. Peer pressure, bad company, etc...mainly fascinates them towards all this. At this point of time, they are unable to handle the rapid changes occurring in their bodies. Moreover teenagers experience the hardest challenges during schooling where bullying exists.

To conclude, the teenagers should always keep a vision and mission to succeed and take decisions calmly. One should have strong determination to develop their career, and should seek aid from elders for they are readily available for help.

RAMYASHREE RAJNDRA - VIII B

IT WAS WRAPPED LIKE A PRESENT, BUT...

It was wrapped like a present but turned out to be something else, this happened when my door-bell rung 'ting-tong.' I opened the door and saw no one but on my door step there was a gift present. Hurray! I was so excited to see that someone had sent a gift for me .Unwrapping it made me more excited to see that what would be inside that present box .I came inside my room, but for a second I had a thought that who had kept the gift. What if it was a bomb! But that wrapping made me more curious to unwrap the gift, diverting my mind. I was ready. I unwrapped the gift box, removing the wrapping I saw another wrapped box inside and unwrapping it one more box, this continued until finally I reach to a small box. The big present box turned out to be a very small one. I opened the box and 'BOOM', a punch on my nose. Ouch! That really hurt. I saw my nose in the mirror, it was red like a Tomato. I thought, that "Wish I never opened that box." And still it is a mystery that who kept that box on my door-step!

HARSHIL VERMA - VIII B

CAPE TOWN – MY FAVORITE PLACE

From the time since I landed there,
I was awed by its natural flair
The fresh greenery of that place
Blew me away at a swift pace.

The tempting food aromas at the Waterfront
Mixed with the salty, cool winds from the sea
Were enough to make me hungry and excited
And shout aloud with glee.

Roaming around the city in a big open top tour bus
Gave me the best views of its beauty
And as I soon came upon some ripe vineyards
The scents there were all winey, dry and fruity.

Seeing a huddle of penguins, the next day
Was very fascinating and worthwhile,
And the enormous, freshwater aquarium
With all its magnificent sea animals' lifestyle.

And finally, the famous Table Mountain
With its fabulous top view and Cape of Good Hope
With its lovely seas mixing in a swirl of colors,
This is the Cape Town that I enjoyed
Like a child riding down a slippery slope.
Ishita Mittal - 9C

HISTORY DOES NOT REPEAT ITSELF BUT IT DOES RHYME

According to the denotation of "repeat," history can't repeat itself, Unlike lab-controlled experiments that can be exactly replicated, life is always evolving and unpredictable and involves incalculable symbiotic relationships.

The vast, vast majority of people don't in anyway think that history literally, exactly repeats itself. Such would violate celebrated philosophies of free will. When people say that history repeats itself, they are generally thinking of broad patterns. Another way to describe these patterns or relationships would be to describe them as cause and effect relationships. They are thinking about the existence of and continuation of war, poverty, Colonialism, Racism, Sexism, Classism, or Social movements, to list only a few of the repeated/unending phenomena of human history.

History doesn't repeat BUT, if we consider "repeat" as both a metaphor and in terms of its connotation, we can understand what people mean by "history repeats itself," and it actually emerges as a useful conceptual tool. As Mark Twain put it, "History does not repeat itself, but it does rhyme."

Sougandhika Peri - IXB

If there were no rules, what do you think would happen?

A rule is an authoritative statement of what to do or not to do in a specific situation, issued by an appropriate person or body. There are many people that don't like following rules because they represent some kind of restrictions. However, in reality, life can't be placed in order without rules. Without rules and regulations as we know them, modern civilisation would definitely plunge itself into chaos. Currently, there are 1,248 rules in India. They keep the citizens safe. For instance, disobeying the law and crossing the road against a red light may get you run over. But rules also have disadvantages. Rigidity of law is one of the disadvantages of law because an ideal legal system keeps on changing according to the changing needs of the people.

Once people understand why rules exist no one will go against it.

Varsha Susan Issac - IX B

IF YOU COULD INVENT ONE THING TO MAKE YOUR LIFE EASIER, WHAT WOULD IT BE?

If there was one thing, I would create it would be an intelligence booster. This device would make

me smarter and I would be able to excel in my academics that will change my life.

An intelligence booster will not only be able to enhance the intelligence but also the memory power. With a better memory power, we can increase our general knowledge and be more creative. It will help students, workers, doctors, anyone to boost their knowledge relating to their profession. People will have more creative ideas and solutions to problems the world is facing today. There will be cure for all the diseases and a speedy solution for global warming. Even space travel could become a normal thing.

Even though people do end up with creative intelligent mind with the help of intelligence booster, they'll have to still work hard to make their dream come true. I know I'll have to work hard but this device will improve my memory, concentration and stamina to study long hours.

OMAR AHMAD - IX B

MY FAVORITE PERSON-MOM

FOR AS LONG AS I CAN REMEMBER.....

YOU WERE ALWAYS BY MY SIDE,
TO GIVE ME SUPPORT, CONFIDENCE AND HELP

FOR AS LONG AS I CAN REMEMBER...

YOU WERE ALWAYS TH PERSON I LOOKED UP TO,
SO STRONG , SO SENSITIVE, SO PRETTY.

FOR AS LONG AS I CAN REMEMBER...

AND STILL TODAY,
YOU ARE EVERYTHING A MOTHER SHOULD BE
BY DRISHTI SHA - 9B

IS 'DOING NOTHING' A GOOD USE OF YOUR TIME

Doing nothing is a relative thought that differs from person to person. "Doing Nothing" can be seem like a waste of time to some, while others may think that it is a good use of time.

Life has changed so much over the years that many new professions have come up that require different abilities. Doing nothing and just relaxing has become the need of the hour as the pace of life has speeded up. Even at times, when we are doing nothing, the subconscious mind is always at work. A classic example of "Albert Einstein" can be cited for this. He was many times found to be doing nothing and in fact relaxing and sleeping for most part of day according to his contemporaries. However, we all know that he was one of the greatest physicists and thinkers of the world.

After a hard day's work, one may just like to unwind by relaxing and not doing anything. Our body and mind can both have relaxation and rest while doing nothing. Hence, we may conclude that doing nothing can be a good use of time if it is giving us the benefits of having a relaxed mind and body and prepare us to face a new day.

By Diya Kapoor - 10 B

AN INTRODUCTION TO THE ISSUE OF BEHAVIORAL DISORDERS

All children can be naughty, defiant and impulsive from time to time. This is perfectly normal. However, what makes some children experience difficult and challenging behaviors that lie outside the range of normality? This can be seen as – an angry and irritable mood, argumentative and defiant behavior, vindictiveness and aggression.

In past times, behavior or emotional issues were thought to be as a form of possession or witchcraft. Most often, they were dealt by performing exorcism on the affected person. The issue of emotional and behavioral is much more serious than just a kid arguing with his parents. These disorders are the main cause of criminal activity among the adolescents.

Some of history's worst criminals and killers were subject to mental and behavioral disorders. Jeffrey Dahmer, Ted Bundy, Albert Fish etc. are examples of mentally affected and "sick" people who succumbed to their abnormality and performed horrifying activities such as sadism, masochism, sodomy, pedophilia, necrophilia, mutilation, self-mutilation, cannibalism, coprophilia and urophilia etc. If these symptoms are recognized early, they can be treated by psychologists and psychiatrists.

"Behavior is the mask that provides recognition to our character and personality"

Nirjhar Datta - XD

HOW YOUNG IS TOO YOUNG TO USE SOCIAL MEDIA?

- Pratham Muthyampeta

Social media is quickly evolving in front of our eyes and it seems impossible to hide from the new form of media. It is an integral part of socialization and is undeniably changing the way one communicates and shares information.

“Do not use social media to impress people; use it to impact people.” The teen years can be a stimulating time and social media is a place where they can seek for support and advice during the challenging experiences. Kids have to be at least 13 to sign up for most of the social media platforms. Although they can connect and have fun, they are vulnerable to risks such as overuse and challenges to their health. Appropriate content can help students think through social media's adverse effects on us, regardless of our age. Students can identify the risks of targeted advertising and comprehend the age requirement for websites.

Therefore, children should be accessed to social media in a controlled environment as its addiction has serious effects on the child like poor study habits and repulsion to reality.

PRATHAM MUTHYAMPETA - 10 D

THE ENTITLED GENERATION

-ARUSH AGARWAL

“The generation that we refer to as 'millennials' were subject to, and not my words, failed parenting strategies...” – Simon Sinek

We, as millennials, have had a major change in our way of mannerisms and life in the cross-generational gap. Take our 'styles' for example. In the olden days, children were happy with whatever they got as they learnt to exploit it in the best way possible. But now, we even crib and squeal for 'our' devices, that we aren't even supposed to have, when they are temporarily confiscated by our parents. When our parents had nothing and were told to work hard for what they wanted, they fought. But ours' gets everything on a silver-platter. Even the dressing sense has a major difference.

A perfect way, I presume, to conclude this write-up would be with another quote: “Every generation laughs at the old fashions, but follows religiously the new” – Henry David Thoreau

ARUSH AGARWAL - XD

LATEST TEEN STYLES

Nowadays, teenagers tend to create and follow trends because that is what they think is meant by 'fitting in with the others'.

Someone had once said, "Don't judge a book by its cover", and the exact opposite is happening in our society at present. If people, especially teenagers, are spotted out of their houses and they are not sporting any current fashion trend, like holographic clothing, glitter eyebrows, miniature handbags or having an outrageous hair color like that of mermaid hair, they are termed an anomaly. If they are not up to date with the latest TikTok trends or do not know about the new dance step that has taken the world by storm, others naturally assume that they have been living under a rock.

No matter how outrageous or ridiculous teenage trends may be, or how much others dislike them, we must admire the power they have, to have millions of youngsters and elders alike wrapped around their little finger. If we cannot beat them, join them!

-Harshala Kumar - 10 D

SELF DEFENCE TRAINING

"I don't even call it violence when it is in self-defence, I call it intelligence." Every person in this world must learn the art that gives the person an opportunity to defend his life and to become independent on oneself. One must learn to rely on self for protection. Its nature's utmost instinct to defend. When exploit nature, nature wreaks havoc and when hurt women, women ravages and devastates.

It is very imperative for women to realise that they are not objects or the weaker part of society that can be taken advantage of when found vulnerable. For this, they must have the confidence that they are ready to take on the world which is attained when one is prepared for any sort of dangerous situation. Crime exists when fear exists. When there is no fear crime would perish in moments. Self-defence is not just a technique of using one hands and legs but is the state of mind that gives satisfaction for being ready for each and every thing that comes on the way. History has witnessed that when women were armed the whole world was alarmed. There is no force equal to a women determined to fight for its right. Women should know that they aren't the ones to be lost in fire but are the ones that are built from it. Have an addiction of becoming strong and you would not be the one to be wrong. The best advantage of being self-fortified is that one is not punished for using it. The world recognises the theory of castle doctrine and accepts that one is not accountable for using force to protect their integrity and life on which the danger was lurking upon. Many times people feel that it is their right to violate one because they are not capable of saving themselves. Being trained provides options to which the attacker might not be prepared for and gives a potential upper hand on it. Freedom is not just the independence to move freely but is also the liberation of mind from any fear that constricts one's actions. Being safe is the priority of every person and not just of only one gender because every section that is found in fear is exploited and fear is not restricted to one gender. The aim is not to kill or continue fight but is it to get away from something that binds you without your permission. Don't lean on others because one was born with two feet for a reason. Self-reliance is the best defence against the heat of the moment. Women are power souls. To incarnate, one needs self - defence psychologically, physically and socially.

Visakha Bajaj - XD

"The only impossible journey is the one you never begin."

The journey which began last year April, the journey which didn't seem would start has already come to an end today and here I am penning down my words as Head Girl of ILS 2019-2020, the most revered and respected position of all. 14 years ago I came out smiling on being tested with A, B, C and today I leave crying after being tested with Physics, Chemistry and Biology. A phenomenal journey it has been!

The walls of ILS have hidden my laughs and cries, my success stories and joys. Everyday I walked through these school gates with a lofty sense of belonging and today as I walk out of these gates, it will all be gone. ILS has been my second home rather I'd say my first home. A school that not only believes in academic excellence, but also instilling moral values into its students to create global citizens who are true to their roots and culture. I am the head girl of this proud institution that recognised my potentials and chiselled me into a fine diamond to sparkle with brilliance wherever I go. From holding positions of house captain to vice head girl and then head girl has shaped me into a responsible human being. As a head girl it was not only about being responsible for yourself, but lending a listening ear to the students who looked up to you for guidance and support, bridging gaps between students and school, besides taking responsibility for every decision you made and yes, in the learning process, being chided for wrong decisions only helped me to grow more responsible. In this journey of mine, I was handheld by respected Mrs Gupta who set the perfect example of perfection and I express my sincerest gratitude to her and also to my polestars- Mrs Jain, Mrs Gopal, Mrs Thakur and Mrs Lakhanpal.

I would also, like to thank all the students who believed in me and supported me through the eventful year. I hope I have lived up to the honour of my position and upheld the ideals of ILS which is not just a school but a legacy and I am a testament of this great legacy.

ILS has opened my eyes to dream and given me the wings to reach the pinnacle of success. So, I am ready now to embrace the new world and fly.

I wish good luck to all of you and to the future head girls so, with immense dedication, determination and diligence you may keep the ILS flag flying high.

Thank You! God Bless!
Jyotsna Hiranandani
(Head Girl) XII-A

HOW TO MAKE FRIENDS

By Adith.Krishnan

First of all make contact with them, if you do not have any friends currently then this is the best way to start yourself. Whoever you want to be friends with start talking to them about some of the current issues and get to know them, know what they are good at etc. Now if you are an introvert you don't like to like to communicate with others then start talking to people who are same as you and start making friends with them.

You can definitely make friends like that but when it comes to a friend it should be more of a bond that will be always there even if you are not living nearby. Always make friends who support you and show you the way between right and wrong they are the ones that we call as true friends.

So I will conclude by saying that making friends is easy we can easily become friends by talking and getting to know each other but always stay with those friends who support you and never forget you.

BY ADITH KRISHNAN - XII B

SELF-HELP ARTICLES

Friends constitute an important part of our life. They are the ones who walk through life together, share ups and downs and pains and joys. Now along with this comes the pressure of our performance in all other spheres too. Mostly academics and co-curricular. Even after being well aware of our responsibilities we sometimes fail to balance the two together. But it's quite normal one can make mistakes in life, it's nothing to feel low about. The important thing is that we should learn from our mistakes and never give up.

Now coming to good and bad habits. I actually don't know what a good or a bad habit is, infact I feel habit in itself is not good. We shouldn't be habituated to anything, make yourself acquainted to changes in life. Think before what you are doing because any kind of habit stops the process of thinking. When we introspect and analyse our doing half the problem is solved.

In doing all this we need someone to guide us it may be parents, teachers or any elder siblings. You can see here that I haven't mentioned peers or our friends reason being they too might be in a similar situation. In this way we can solve most of our problems and overcome our fears and worries in life. One should always remember that there is no one there to push you in life to achieve your goals it's only you who can do it for yourself.

Aditi Aanchal - XII B

MESSAGE FROM THE HEAD BOY

The 12 years spent at I.L.S. would be quite difficult to sum up in half a page, but in short, it has been an amazing journey with all its ups and downs teaching me things in numerous ways. I remember entering this school back in Grade 1, as a shy and timid boy but the welcoming atmosphere of I.L.S significantly contributed to my transformation which has been very valuable to me.

Over the years, I have learnt that taking part in small activities during our junior school years impacts our lives in big ways in the long run. Trying out new things whenever possible can really help us be more confident and prepared for whatever life may throw at us.

The year 2019-20 has been an amazing one for each and everyone of us. Sailing from one event to the other, be it the Inter-house sports competitions, the Inter-school I.L.S. cup, the Bal Mela or the Athletics' Meet, working with a team and under the guidance of my teachers has taught me how to organize and manage such events. I would like to thank our Principal, Vice- Principals, Teachers, Non-teaching staff and all the Members and Heads of the different committees without whom the events would not have been as successful as they were. After leaving this school, I would really miss my ILS family and the memories will always be etched in my heart forever. I cannot thank ILS enough for it has given me so much... I pray that the ILS flag keeps FLYING HIGH as it always has been...

OVERCOMING FEAR: THE ONLY WAY IS THROUGH

Whatever it happens to be, overcoming fears can be challenging, but when conquered, very liberating. Fear is an apparition of the mind and can often be paralyzing. We could either choose to sit back and let it control the steering wheel, or drive it out of our life.

F – False

E – Evidence

A – Appearing

R – Rea

There are several stages involved in process of overcoming fears:

1. First and foremost, acknowledge the fear. We all have fears; it's human nature. Denying them doesn't make it go away.
2. Analyze it. What causes it? Where does it originate from? More often than not, once you go through the process of analyzing it, the fear isn't as scary as you formerly imagined.
3. Face it. Treat it as a challenge for personal growth and an opportunity to become stronger.
4. Be persistent. Do the thing you fear over and over again till you feel its effects declining.
5. Finally, develop courage. By cultivating courage, you build self-confidence and resilience.

"Courage is resistance to fear, mastery of fear, not absence of fear." – Mark Twain

Prithik Saini - 12B

ADVISE PEERS AND JUNIORS IN ORDER TO HELP THEM GET BETTER GRADES

By: Rishabh Shriram Iyer, XII-B

In today's world, more than anything else, a person is judged based on his academic excellence. Until and unless an individual is extraordinarily talented in other fields such as sports or music, he/she is solely evaluated based on his/her academic excellence. Thus, having a strong academic background has become a prerequisite for a student's life.

Getting better grades is not an easy task. An individual must be dedicated and focused from the very beginning. Firstly, one must avoid procrastination. Procrastination is the root cause of all problems. A student must not shy away from his/her work and must finish their assigned work before the deadline. Secondly, one must make a schedule but more importantly, one must follow the schedule religiously. Furthermore, one must always start preparing for an exam at least a month in advance. He/she mustn't wait till the last moment and start preparing by the last week.

To conclude, getting high scores is not easy and demands a lot of sacrifices from the student's end. A student must be ready to sacrifice his sleep, entertainment and enjoyment to truly score more. In the end, all the hard work and sacrifice pays off when one receives their desired grades.

A Trip During the Vacations

Hello Everyone! I am going to tell you briefly about our short trip to Sanasar during our summer vacations in June 2019.

During vacations, I generally like to sleep till late in the morning, however one fine morning I found my mother waking me up and telling me to get ready quickly as we had to leave for Sanasar. Sanasar is a small hill station about 100KMs from Jammu. Since, it was blistering hot in Jammu, the idea of cool weather and outing to Sanasar excited all of us.

The road to Sanasar is surrounded by beautiful scenery. There are beautiful mountains, trees, water streams and deep gorges all along the road. Soon, we were just a few KM's away from Sanasar. Since Sanasar is located within the mountains, the last few KMs were really high on the mountains and it was quite scary to look down the mountains from the window of our car.

Finally, we reached our campsite. The campsite was located in the middle of the forest and was very beautiful. There were beautiful tents inside. There were climbing ropes and obstacles for fun, a bow and arrow game, and a small open space to play football.

In the evening, we all went to the nearby lake and enjoyed. My brother and I went inside a big balloon in the lake and had a lot of fun. At night, it was quite cold. So, we had a bonfire and danced to music while enjoying the warmth of the bonfire. It was so surprising to have such a cold weather just a hundred kilometres away from Jammu where the temperature was more than 40 degrees centigrade in the month of June.

Amreen Kaur, 4C

Ma Maison

Ma maison est très belle et confortable. Elle est située dans le quartier d'Alfred à Ikeja. Le quartier est souvent pleine d'activité. C'est aussi un quartier où la paix réside. Ma maison a deux étages bien décoré. Elle a 3 chambres, une cuisine, un salon, une salle à manger et 4 salles de bains. Ma chambre et celle de mes parents sont au premier étage. Je partage ma chambre avec mon petit frère.

Dans ma chambre, il y a un lit superposé, une table d'étude, deux chaises, une armoire, un tapis, une lampe d'étude et une lampe de nuit. De ma chambre, je peux voir la belle piscine située près de ma maison. La chambre de mes parents est à côté de mienne. Elle est grande et belle. Elle contient presque tout.

La troisième chambre est au deuxième étage et elle est assez grande. Elle est réservée aux visiteurs. La cuisine est belle et grande. Elle a plusieurs placards et tiroirs pour les ustensiles de cuisine: Elle a deux frigos. Mon salon est grand avec plusieurs meubles ; une télévision, et des peintures. J'adore ma maison.

Medha Dokania - VII B

Ma Maison

Ma maison est grande et très confortable. Elle a un étage. Au rez-de-chaussée, il y a un salon, une cuisine, une salle à manger et une salle de bain. Au premier étage, il y a la chambre de mes parents, la chambre de mon frère et moi. La chambre de mes parents est grande. Dans la chambre de mes

parents, il y a un climatiseur, des tableaux, une table, une horloge, un lit et une télévision. La chambre de mon frère et moi est grande et très confortable. J'ai un petit jardin autour de ma maison. Dans ma maison il y a aussi un garage pour notre voiture. À droite de ma maison, il y a une petite piscine. J'aime beaucoup ma maison.

Kriti Singh - VII D

Mon École

Mon école s'appelle l'École Indienne. C'est une grande et belle école. Elle a deux terrains du sports. Il y a un rez-de-chaussée et trois étages dans l'école. Nous étudions des matières comme la géographie, l'histoire, le français, l'anglais, le hindi, etc.

Ma salle de classe est au deuxième étage. Dans ma classe il y a des tables et des bancs pour les élèves, un bureau et une chaise pour la professeur, un tableau blanc, une horloge, deux climatiseurs et quatre ventilateurs.

La directrice de mon école s'appelle Mme. Sonali Gupta. Elle est belle et polie. Elle est sévère aussi mais ça nous profite beaucoup. Elle accueille de nombreuses nouvelles opportunités pour les élèves.

On célèbre des fêtes dans l'école. On a des vacances scolaires, d'été et d'hiver. La directrice de l'école nous emmène parfois voir des films. Nous vivons ensemble en famille à l'école. L'énoncé de vision et de mission de l'école met l'accent sur ce que notre école fait pour le développement des élèves.

Je respecte beaucoup mon école et j'aimerais remercier tout le monde dans l'école pour tout ce qu'ils ont fait. Pour moi, mon école est la meilleure et restera toujours la meilleure.

J'étudie dans l'École Indienne depuis la maternelle et j'aime tout ce que mes professeurs m'enseignent dans l'école. J'aime l'École Indienne, mon école favorite.

Adaline Lazars - VII B

Ma Maison

Ma maison est belle, grande et très confortable. Dans ma maison, il y a un salon, deux chambres, une salle à manger, une cuisine et deux salles de bains. Elle est située au 14 rue Matina à Ota, Ogun.

Le salon, dans mon salon, il y a des canapés, quatre tables, deux chaises, une télévision, un climatiseur, une imprimante, un ventilateur et une chaîne stéréo. Il y a des rideaux aussi. Nous étudions dans le salon.

Dans les chambres, il y a un lit, deux commodes, une commode avec un miroir et une télévision. On dort dans les chambres et quelquefois nous regardons la télévision. Il y a aussi des armoires et des rideaux. Dans la salle à manger, il y a une grande table avec six chaises, des couteaux, des fourchettes, des plats et des verres. Il y a aussi un ventilateur dans la salle à manger. Dans la salle à manger, nous mangeons notre repas.

Dans la cuisine, il y a un micro-ondes, des placards, un frigo et une cuisinière à gaz. Dans le frigo, il y a des fruits, des légumes, du pain, du dessert et des boissons.

Il y a un jardin autour de ma maison. Le garage est près de la niche. J'adore beaucoup ma maison.

Adaline Lazars - VII B

Ma Maison

J'habite dans une grande maison à Ikoyi avec mes parents. Ma maison est propre et confortable. Dans ma maison, il y a une grande cour où les enfants s'amusent. Il y a un garage pour nos voitures. Il y a un salon, une cuisine, quatre salles de bains et trois chambres. Nous avons deux terrains de sport et une piscine. C'est une belle maison. J'aime ma maison.

Pragati Rathi - VII B

Mon École

Mon école s'appelle l'École Indienne. Elle est située à Ilupeju. C'est une grande école. C'est un immeuble à trois étages. Dans mon école, il y a environ 2000 étudiants. Il y a un terrain de sport derrière l'école. Il y a une salle d'informatique bien équipée. Les cours commencent à 8h et finissent à 2h. Les professeurs sont compétents et stricts. Les étudiants sont sympathiques. J'aime mon école.

Pragati Rathi - VII B

Ma Maison

Ma maison est grande, belle et très confortable. Ma maison a un étage. Au rez-de-chaussée, il y a un salon, une cuisine, une salle à manger et une salle de bain. Il y a deux chambres. La chambre de mes parents est grande et ma chambre aussi. De ma chambre, je peux voir le jardin. Dans ma maison, il y a un garage pour la voiture. À côté du garage, il y a une petite piscine. J'aime ma maison.

Kamala Kishori - VII D

Mon École

Mon école s'appelle L'École Indienne. Elle est située à Ilupeju. C'est une école incroyable et belle. Mon école est assez grande avec un rez-de-chaussée et trois étages. Elle a deux terrains de sport qui sont grands. Elle a aussi une salle d'art. Mon école a également des laboratoires d'informatiques bien équipés. Elle a une bibliothèque avec plusieurs livres sur divers sujets. Ma classe est au deuxième étage. Elle est décorée de nombreux graphiques. La directrice de mon école s'appelle Mme Sonali Gupta. J'adore mon école.

Medha Dokania - VII B

Ma Maison

Ma maison est très confortable. J'habite dans ma maison avec mes parents, mon frère et mon chien. Il y a un salon, une cuisine, une salle à manger, trois chambres et trois salles de bains. Dans mon salon, il y a une télévision, un climatiseur, un canapé, des fauteuils, une table et des rideaux. Ma cuisine est petite. Il y a une cuisinière à gaz, un mixeur, des cuillères et des fourchettes. Ma salle à manger est située à côté de mon salon. Il y a une grande table, des chaises, des fourchettes, des assiettes, des cuillères et des verres. Dans ma maison, il y a trois chambres. Le couleur de ma chambre est rose. Il y a un lit, une commode, une armoire, une table et une chaise. La chambre de mes parents est grande. Il y a une salle de bains dans la chambre de mes parents. J'aime ma maison et je suis contente

Vanshika s. Vasnani - VII. C

Mon École

Mon école est assez grande. Il y a quatre étages dans mon école. Un rez-de-chaussée, le 1ère étage, le 2ème et le 3ème étage. Au rez-de-chaussée il y a le bureau de l'examen, de la directrice de la classe, de la musique, le hall (MPH), le bureau d'administration et l'infirmerie. Au première étage, il y a des salles de classe, la laboratoire de chimie et la salle d'art, la salle de professeurs et les toilettes des filles et garçons. Ma classe est au 1ère étage. Au deuxième étage il y a la bibliothèque, les salles de classe, le bureau de Madame Yadav et la salle des professeurs et les toilette des garçons et des filles. Au troisième étage il y a les laboratoires de biologie et de physique, le bureau de Mme Jain. Au quatrième étage il y a la terrasse. Derrière mon école il y a les terrains de sport. Mon école est belle. J'aime mon école

Yashvi Chheda - VII C

La Journée Des Langues Européennes

La journée des langues européennes à l'école m'a beaucoup appris. Elle a été une journée qui m'a appris plus sur l'anglais et le français. Ce jour-là à l'école, nous avons eu une assemblée le matin à laquelle nous pouvions participer. J'ai recité un poème en anglais sur scène et chanté "Prendre un enfant par la main". J'ai eu le plaisir de faire partie de cette journée qui m'a beaucoup appris sur les langues européennes.

Megha Gopikuttan - IX B

La Journée Des Langues Européennes

Le mois dernier, nous avons célébré la journée de la diversité culturelle à l'école. Nous avons organisé une assemblée spéciale où les petits enfants ont dansé à une chanson qui représentait les différents cultures des régions d'Inde. Il y a eu aussi une chanson chantée dans beaucoup de langue indiennes. Après l'assemblée, les élèves de la classe dix ont présenté les plats spéciaux et ils portaient tous les costumes de leur région. C'était fantastique.

Rahul Matthew Philip - X D

La Journée Des Langues Européennes

Sur la journée de langue européenne, j'ai enseigné dans la classe junior de mon école de comment communiquer en français. Varsha et moi, nous avons enseigné les phrases de base en français, c'est-à-dire les numéros, les salutations et la façon de prononcer les mots en français. la classe que j'ai enseigné était très interactive et attentive. j'ai eu le privilège de marcher dans les chaussures de mon professeur merveilleux. Ça me donne un honneur de pouvoir partager mes connaissances avec les juniors. certains étudiants ont trouvé déroutant et difficile de prononcer quelques mots. cette expérience m'a appris la patience et m'a motivé à devenir enseignante afin d'aider et d'enseigner aux enfants défavorisés.

Mahima Mirpuri - IX D

Ma Maison

Ma maison est belle et très confortable. J'habite avec mes parents et ma sœur. Il y a un étage et un rez-de-chaussée. Au rez-de-chaussée, il y a une piscine et un gym. Au premier étage, il y a ma chambre, la chambre de mes parents et ma sœur, une cuisine et une salle à manger. Ma chambre est près de ma cuisine et à côté de la chambre de ma sœur. De ma chambre, je peux voir le jardin. Ma chambre est très grande. Il y a une salle de bain, un lit et une table. Il y a un garage pour notre voiture. Il y a une très grande salle à manger. J'aime ma maison.

Rajit Shah

VII C

Mon École

Mon école s'appelle l'École Indienne. Elle est grande. Elle a un rez-de-chaussée et trois étages. Le terrain de sport est derrière l'école.

Au rez-de-chaussée, il y a le bureau de la directrice, de l'administrative, le hall (MPH), les salles de danse et musique, l'infirmerie et le bureau d'examen.

Au premier étage, il y a les salles de classes, la salle des professeurs et la salle d'art. Le laboratoire de chimie et les toilettes de filles et garçons.

Au deuxième étage, il y a la bibliothèque, les salles d'informatiques. Au troisième étage, il y a la laboratoire de physique, la laboratoire de biologie et la salle de profs.

Derrière l'école, à gauche il y a le terrain de basketball et à droite, il y a le terrain de volleyball.

Mohini

VII D

Mobile Phone is a Boon or Bane

Using a mobile has both pros and cons. It depends on how we use it. According to me, mobiles phones are a boon. It has made our life easier. We can use its applications like camera, radio, alarm, games and calculator. Most importantly, it is used for communication. With the help of the social networking sites such as Whatsapp and Facebook, it has become easier to be in touch with our relatives. Whatsapp is a great feature as it helps me cope up with lost work during my absenteeism. It also helps me clarify the doubts in any subject with my classmates.

With the help of the mobile phones, I can be in touch with my grandparents easily and share my feelings anytime. My parents use their mobile phones to book tickets for any travel, locating landmarks and so any bank transactions instead of visiting a bank. This Mobile Technology is good but it should also be used in an efficient way. One can get very easily addicted if we do not know how to be disciplined to use it. Having a control over the usage of this technology wisely will help maintain the balance.

V. Dharshan Samy, 4E

Importance of Punctuality in School Life

A student has to gain knowledge, learn new skills and finally prove what one has learnt, through various assessments. Time is of importance as assignments are to be submitted and projects are to be done in a particular time frame. Only if the child is punctual in getting to school, he will learn all that the school curriculum has to offer.

Regular study and revision will keep him up-to-date with his work and preparation for exams. As a good time manager, he will also be able to attend extra classes as well as hobby classes. Moreover, he will certainly be able to take out time for play and recreation.

We all know that time and tide wait for none. So, we need to be punctual and extract the maximum from each moment of our student life.
Cheekatmalla Hasini, 4C

My First Day of School

My first of in ILS (Indian Language School) is when I was in UKG. I was shy and afraid. My first teacher was Mrs. Padma Venkat. I had to wear my new uniform and a badge named 'Yamuna' on it. I had many new friends to play, study and have fun with. We had a Nanny who looked after us when the Teacher was not in the classroom. My parents dropped me in my class UKG 'F' at 7.30 a.m. and my mother came to pick me up at 12.15p.m. I had a small mini mouse cartoon to keep my lunch box on and eat. I had fun in the first day of school.

Eva Raj Prasad Boina, 3D

Importance of Trying Hard and Never Giving Up

Hard work is essential to get success. If we try hard, we get so much more done. The person who is trying hard can gain success and happiness in life. Giving something our very best effort is a wonderful positive feeling. Never stop working for our goal. We should never give up even after not being successful in our attempts. Sachin Tendulkar did not become famous in a day. It took him lots of hard-work and determination to overcome his failures to become a successful cricketer. Similarly, with patience, hard work and determination, we too should try to achieve what we are aiming for.

Krish Agrawal, 3D

Importance of Honesty in Our Life

My parents have always taught me that if I were honest, nothing would go wrong. My family owns a business and both my parents have always related their experiences in being honest and how it pays. They have taught me to be truthful in every the situation. If we are not honest to our family and friends, no one will believe us or trust us. We will also not be able to make any friends. If I were honest all the time, I will make more friends, as they will know that they can trust me. They will have faith in me for everything. If we are not honest, people will not believe in us or be friendly. They may ignore us. So, as our elders say 'Honesty is the best policy.'

Rachita Gaggar, 3F

Importance of punctuality in School life

It is very important to be punctual, not only in our school life but also in our daily life. To follow punctuality, we must learn to do our work in time to submit it to the teacher. It makes us understand the importance of time. Punctuality is a great habit. When we reach school on time, or we complete all the work on time, we can maintain discipline and order in school. This also creates a very good impression on others. But when we fail to be punctual, it can delay everybody's work and be a waste of time and energy. There is punctuality in nature too. Everyday, the sun rises and sets on time, after the day ends, night comes and seasons also change on time. It is very important to learn from nature to have the same quality in our life. Thus I feel, it is rightly said "Punctuality is a key to success."

Samyuktha, 4C

My Best Friend

My best friend's name is Samriddh. We met in the year 2016, when my Dad's job brought me back to Nigeria for the second time. Samriddh and I stayed in the same compound in Lagos. Within a small time, we became best friends. He was so funny and made me laugh all the time. He is one of the fastest runners and was best cricketer in our compound. He loves eating chicken. Even though we were not in the same class in school, we still were the best of friends. Recently, we got separated when his father was transferred to Tanzania. Sometimes I still talk to him over the phone but mostly I miss him a lot. I pray and wish we meet soon.

Kabir Shaw, 3E

Deforestation is Leading to Global Warming

Tropical forests trees like all green plants, take in carbon dioxide and release oxygen during Photosynthesis. Plants also carry out the opposite process known as respiration in which they emit carbon dioxide, but generally in smaller amounts than they take in during photosynthesis. The surplus carbon is stored in the plant, helping it to grow. When trees are cut down or burnt or allowed to rot, the stored carbon is released into the air as carbon dioxide. This is how deforestation and forest degradation contribute to Global warming.

According to the best current estimate, deforestation is responsible for about 10% of all global warming emissions. Hence more Carbon dioxide accumulates in atmosphere and it won't allow the temperature to escape from the Earth. This makes the temperature of the Earth rise and the ice caps melt due to green house effect. Hence, water level increases causing different natural calamities that lead to great loss. This can be prevented by increasing the number of trees, by avoiding the use of plastics and with many other steps.

LAXMI PRIYA RAMKUMAR 4B

A Trip During the Vacations

Hello Everyone! I am going to tell you briefly about our short trip to Sanasar during our summer vacations in June 2019. During vacations, I generally like to sleep till late in the morning, however one fine morning I found my mother waking me up and telling me to get ready quickly as we had to leave for Sanasar. Sanasar is a small hill station about 100KMs from Jammu.

Since, it was blistering hot in Jammu, the idea of cool weather and outing to Sanasar excited all of us. The road to Sanasar is surrounded by beautiful scenery. There are beautiful mountains, trees, water streams and deep gorges all along the road.

Soon, we were just a few KM's away from Sanasar. Since Sanasar is located within the mountains, the last few KMs were really high on the mountains and it was quite scary to look down the mountains from the window of our car.

Finally, we reached our campsite. The campsite was located in the middle of the forest and was very beautiful. There were beautiful tents inside. There were climbing ropes and obstacles for fun, a bow and arrow game, and a small open space to play football. In the evening, we all went to the nearby lake and enjoyed. My brother and I went inside a big balloon in the lake and had a lot of fun.

At night, it was quite cold. So, we had a bonfire and danced to music while enjoying the warmth of the bonfire. It was so surprising to have such a cold weather just a hundred kilometres away from Jammu where the temperature was more than 40 degrees centigrade in the month of June.

Amreen Kaur, 4C

SHOULD CHILDREN BE USING MOBILES?

Children don't need a cell phone, even pre-teens for that matter. If it's only used to play games, go on YouTube, or because it's a babysitter for parent, then there should be a time limit on it like an hour or so but that's it.

Kids get hooked on games and literally throw tantrums if they can't play those for another 6 hours. Their grades go down, they have no time for any chores or responsibilities, etc.

Or they start going on social media and post stuff their parents know nothing about, or have drama run their young lives because of what so and so said about so and so. There's so much more and I see how this is a good thing.

Trishita Gaur
Grade V-A

HOW DOES LACK OF SLEEP HURT US?

Everyone has experienced the fatigue, short temper and lack of focus that often follows a poor night's sleep. Lack of sleep is also called sleep deprivation. You may fall asleep during the day which is really common. You intend to forget things and can't concentrate on what you are doing. Your risk of injury and accidents at home or work and on the road also increases. It can affect your overall health and make you prone to serious medical conditions such as obesity, heart disease, high blood pressure and diabetes. So the best advice to give someone would be to sleep for a minimum of seven to eight hours to lead a healthy life.

Vishvaa Rajeev
Grade V-D

EFFECTS AND CONTROL OF AIR POLLUTION

Air pollution has a range of effects on health. Older people are more likely to suffer from heart and lung conditions. Many people experience a sore or dry throat, sore eyes or a tickly cough. Our physical well being is affected by the kind of air pollution we are exposed to. There are many ways to control air pollution like monitoring quality of air at various location regularly by the government. There is a need to switch over to alternative fuels instead of the fossil fuels for our energy requirements. These could be solar energy, hydropower and wind energy. Small contributions on our part can make a huge difference in the state of environment. We can plant trees and nurture the ones which are already present.

Mahak Singh Grade V-A

IMPORTANCE OF DISCIPLINE FOR SUCCESS OF LIFE

Discipline is a key for success. Discipline keeps everyone in control. It makes a person to progress in life and achieve success. Some people consider it as a part of their life and some don't. It directs person to go on the right path. It makes things easy for you. We need discipline everywhere in life.

Discipline makes a person's life bright and active. A disciplined person can handle any and every situation. It is best to practice from youth. Discipline is something that others thought us or we learn by seeing others and self-discipline comes from within us or we learn it on our self. Self -discipline requires a lot of motivation and support. Discipline needs a lot of hard work, dedication, positive mind and a healthy body. Excellence is the journey and discipline is the vehicle.
YUVASSREE SASSICOMAR Grade V-A

WHY IS IT IMPORTANT TO "EAT THE RAINBOW"?

Healthy eating advocates often tell people to "eat the rainbow." It's a simple way of reminding you that a variety of fruits and vegetables in your diet will get you the vitamins and minerals you need. It also calls out the fact that you can learn a lot about your food just by looking at it.

When someone says "eat the rainbow," they're trying to explain, in a simplified way, that the color of your food can tell you a lot about its nutritional value, and eating a variety of colors is one sure method to get as many of those vitamins and minerals as possible (and eat a broad, diverse amount of food in the process.) The phrase is actually an oversimplification of a real issue. It's not difficult to get the vitamin and nutrients you need from a solid, balanced diet, but it can be difficult if you're a picky eater, or have children who don't exactly like to expand their horizons. In fact, much of the documentation we found that uses the phrase is aimed at parents helping children adopt a more healthful diet.

For example, yellow and orange fruits and vegetable (citrus fruits, gourds) are abundant in vitamins C and A. Green fruits and veggies (kale, spinach, asparagus, avocado) are high in vitamins K, B, and E. Purple produce on the other hand (eggplant, red cabbage, grapes) are high in vitamins C and K. The reason you can tell these from looking is because plants often derive their colors from various phytochemicals found in them. Those chemicals then offer you different nutrients when they're eaten. That's the root of "eating the rainbow." In short, adding a variety of colorful produce to your diet is an easy way to get a lot of vitamins and minerals without putting in too much effort beyond selecting a bunch of colors.

DEVSHREE KHANDAGALE Grade V-A

SHOULD CHILDREN BE USING MOBILES

In today's age, mobiles have become a major source of communication. Not only have we used it for calling but also video calling, messaging and course, WhatsApp. The world has now become smaller due to this innovation.

Now almost all kids have mobiles. It helps parents to stay in touch with their child. It also allows parents to keep track of where he/she is with the use of various applications such as Zenly. There are many great educational which could help with school work, guide the child if they are lost or access information from far and wide. Mobile may be helpful but there is a bad side too. Children could be at the risk of theft. If they can access the internet and other media applications leaves them open and vulnerable to malicious cyber attacks such as stalking or cyber bullying. I feel that children should have mobile phone because it helps them more than harms them.

Kvanh Mohite Grade V-A

EFFECTS AND CONTROLS OF AIR POLLUTION

Air pollution is a type of environmental pollution that affects the air and is usually caused by smoke or other harmful gases, mainly oxides of carbon, Sulphur and nitrogen. Many of the world's large cities today have polluted air or low air quality. Air pollution has been classified as a danger to human health and Earth's much eco system. Long-term health effects from air pollution include heart diseases, lung cancer and respiratory diseases. Air pollution can also cause damage to people's nerves, brain, kidney's, liver and other organs. Others include headache, nausea and allergic reactions.

Air pollution can be controlled by different ways:

- Carpool, use public transportation, bike or walk when possible.
- Conserve energy – at home, at work everywhere.
- Install cyclone collector to control pollution from mobile sources.
- Quit cigarette smoking.
- Reduce household cleaning supplies.
- Avoid burning leaves, trash and other materials.

ISHAN SUDHEER Grade V-A

Mobile Phone is a Boon or Bane

Using a mobile has both pros and cons. It depends on how we use it. According to me, mobiles phones are a boon. It has made our life easier. We can use its applications like camera, radio, alarm, games and calculator. Most importantly, it is used for communication. With the help of the social networking sites such as Whatsapp and Facebook, it has become easier to be in touch with our relatives. Whatsapp is a great feature as it helps me cope up with lost work during my absenteeism. It also helps me clarify the doubts in any subject with my classmates.

With the help of the mobile phones, I can be in touch with my grandparents easily and share my feelings anytime. My parents use their mobile phones to book tickets for any travel, locating landmarks and so any bank transactions instead of visiting a bank. This Mobile Technology is good but it should also be used in an efficient way. One can get very easily addicted if we do not know how to be disciplined to use it. Having a control over the usage of this technology wisely will help maintain the balance.

V. Dharshan Samy, 4E

My First Day of School

My first of in ILS (Indian Language School) is when I was in UKG. I was shy and afraid. My first teacher was Mrs. Padma Venkat. I had to wear my new uniform and a badge named 'Yamuna' on it. I had many new friends to play, study and have fun with. We had a Nanny who looked after us when the Teacher was not in the classroom. My parents dropped me in my class UKG 'F' at 7.30 a.m. and my mother came to pick me up at 12.15p.m. I had a small mini mouse cartoon to keep my lunch box on and eat. I had fun in the first day of school.

Eva Raj Prasad Boina, 3D

Importance of Punctuality in School Life

A student has to gain knowledge, learn new skills and finally prove what one has learnt, through various assessments. Time is of importance as assignments are to be submitted and projects are to be done in a particular time frame. Only if the child is punctual in getting to school, he will learn all that the school curriculum has to offer.

Regular study and revision will keep him up-to-date with his work and preparation for exams. As a good time manager, he will also be able to attend extra classes as well as hobby classes. Moreover, he will certainly be able to take out time for play and recreation.

We all know that time and tide wait for none. So, we need to be punctual and extract the maximum from each moment of our student life.

Cheekatmalla Hasini, 4C

Importance of Trying Hard and Never Giving Up

Hard work is essential to get success. If we try hard, we get so much more done. The person who is trying hard can gain success and happiness in life. Giving something our very best effort is a wonderful positive feeling. Never stop working for our goal. We should never give up even after not being successful in our attempts. Sachin Tendulkar did not become famous in a day. It took him lots of hard-work and determination to overcome his failures to become a successful cricketer. Similarly, with patience, hard work and determination, we too should to try to achieve what we are aiming for.

Krish Agrawal, 3D

Importance of Honesty in Our Life

My parents have always taught me that if I were honest, nothing would go wrong. My family owns a business and both my parents have always related their experiences in being honest and how it pays. They have taught me to be truthful in every the situation. If we are not honest to our family and friends, no one will believe us or trust us. We will also not be able to make any friends. If I were honest all the time, I will make more friends, as they will know that they can trust me. They will have faith in me for everything. If we are not honest, people will not believe in us or be friendly. They may ignore us. So, as our elders say 'Honesty is the best policy.'

Rachita Gaggar, 3F

Importance of punctuality in School life

It is very important to be punctual, not only in our school life but also in our daily life. To follow punctuality, we must learn to do our work in time to submit it to the teacher. It makes us understand the importance of time. Punctuality is a great habit. When we reach school on time, or we complete all the work on time, we can maintain discipline and order in school. This also creates a very good impression on others. But when we fail to be punctual, it can delay everybody's work and be a waste of time and energy. There is punctuality in nature too. Everyday, the sun rises and sets on time, after the day ends, night comes and seasons also change on time. It is very important to learn from nature to have the same quality in our life. Thus I feel, it is rightly said "Punctuality is a key to success."

Samyuktha, 4C

MY BEST FRIEND

My best friend's name is Samriddh. We met in the year 2016, when my Dad's job brought me back to Nigeria for the second time. Samriddh and I stayed in the same compound in Lagos. Within a small time, we became best friends. He was so funny and made me laugh all the time. He is one of the fastest runners and was best cricketer in our compound. He loves eating chicken. Even though we were not in the same class in school, we still were the best of friends. Recently, we got separated when his father was transferred to Tanzania. Sometimes I still talk to him over the phone but mostly I miss him a lot. I pray and wish we meet soon.

Kabir Shaw, 3E

Deforestation is Leading to Global Warming

Tropical forests trees like all green plants, take in carbon dioxide and release oxygen during Photosynthesis. Plants also carry out the opposite process known as respiration in which they emit carbon dioxide, but generally in smaller amounts than they take in during photosynthesis. The surplus carbon is stored in the plant, helping it to grow. When trees are cut down or burnt or allowed to rot, the stored carbon is released into the air as carbon dioxide. This is how deforestation and forest degradation contribute to Global warming.

According to the best current estimate, deforestation is responsible for about 10% of all global warming emissions. Hence more Carbon dioxide accumulates in atmosphere and it won't allow the temperature to escape from the Earth. This makes the temperature of the Earth rise and the ice caps melt due to green house effect. Hence, water level increases causing different natural calamities that lead to great loss. This can be prevented by increasing the number of trees, by avoiding the use of plastics and with many other steps.

LAXMI PRIYA RAMKUMAR 4'B'

Whatever Happens, happens for the best

Whether you accept it or not the most valuable lesson behind it is to make you stronger. Live in the moment, because that's all there is, hang on to it and let go of the rest. It can be distressing to think that bad things happen merely through chance or accident. But they do. How to stay positive in such situation. There are few things to keep in mind:

- Express yourself
- Look forward, not back
- Remind yourself of the good things in life
- Know how to unwind
- Make someone else feel good
- Let it go

Always remember that it happened in order to teach you a valuable life lesson. The reality is, whatever is going to happen will happen... Nothing is good or bad.... But believing that everything happens for good, gives you the courage and strength of positivity to move on. Life is like a wave sometimes high and sometimes low and you are riding on it similar to a surfer. You might rise or fall bluntly but at the end you will reach the shore with your patience, determination and hard work.

Mrs Sumita Thakur

English Teacher

Art Teacher

My experience in IIS has been very enriching due to the fact that cultures intermingle with ease over here. Art is not restricted to just drawing and painting . Art can't be taught in a classroom. The seeds of art is sowed in the formative years of the Kindergarten itself. Sandwiching making competitions, Paint Science competition, Face painting competition and many more competitions are held in school. These competitions have helped to understand that art can be integrated for a better understanding of any subject. Art is everywhere.

I feel every student has an artist within that is just waiting to be found and polished. In order for them to make a difference in the future , it is our responsibility to find and expose them to their full potential. As an art teacher, it gives me immense happiness and pleasure to be a part of this esteemed institution that lets me guide and facilitate these young artists towards a colourful tomorrow. We are working towards creating a safe environment where students feel free to express themselves but at the same time pushing them to jump out of their skin to be creative. Some people might say, " You can't teach art, it's a talent , you have it or you don't." Some students have raw talent , some aren't talented but put in twice the amount of work and their hardwork pays off. Art is all about practice , focus, trial and error. In the end , it all comes down to not keeping our imagination confined rather to let it run all wild and explore the new depths of what a human mind can do.

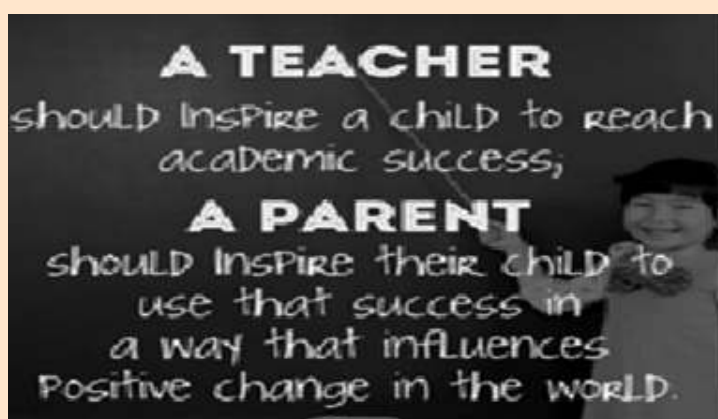
Mrs. Tuhina Bhalekar

NUTURING THE TWENTY-FIRST CENTURY LEARNERS.

Ensuring that every child reaches his or her potential is a top priority for the 21st century education policymakers. To achieve this, education systems have now a more dynamic approach to learning, supporting innovative approaches that will enable schools and their systems to keep pace with the rapid societal and economic changes ? and make high-quality education a reality for all. The diversity of their innovative approaches demonstrates the numerous ways in which education can transform not only what, but also how children learn.

By starting to think of the relations of teaching and learning around natural learning inclinations like play, emotions, creativity, collaboration, and inquiry, our innovative clusters consciously promote the engagement of learners and match the fundamentals of learning to better understand how people learn best.

Any change needs the support of the whole community at large. Parents must understand that learning in the modern world is not an individual hierarchical activity, but beyond that a social endeavour which helps students to attain an all round development and fosters teaching of essential life skills. Acceptance and enduring to the needs of the 21st century student needs fostering of the 4 Cs which essentially stand for collaboration, creativity, critical thinking and communication. The parental focus needs to shift from "How much obtained?" to 'How much learned?'



While the nation and our public education system have changed a lot since 1921, one factor—family engagement—remains critical to student achievement. Ongoing research shows that family engagement in schools improves student achievement, reduces absenteeism, and restores parents' confidence in their children's education. Students with involved parents earn higher grades and test scores, have better social skills, and show improved behaviour. Parents are and will always remain their child's first and most important teacher!

To sum it up in the words of Mahatma Gandhi 'Every home is a university and parents are the teachers.'

“Parents create the environments and experiences in which learning happens, which makes them the first teachers their children will ever have.”

NISHA RAMCHANDANI
HEAD OF INNOVATION

Sport committee

"Champions keep playing until they master the five S's of sports training which are stamina, speed, strength, skill, and spirit. However, the greatest among all five being SPIRIT."

2019-20 has been a rollercoaster ride with multiple sports activities taking place over the whole year. The success stories of all the sports events organised by us such as the inter-house sports week, ILS cup and Athletic meet, would have been incomplete without the constant support of our dear principal Mrs. Sonali Gupta and our support system, Dr.(Mrs.)Priya Nagine along with Mrs.Vennila Mahesh. Their efforts in helping and guiding us throughout the organization of all events from beginning to the end, is much appreciated. Also, without the immense help of our coaches, we would not have been able to get all the sports events officiated and started as per schedule. So all cheers to them for their continuous support and assistance.

This academic year was marked with numerous sports events being hosted all around the year. To start with we had the the ILS cup taking place after three long years. It was one of the most awaited event for the senior students of ILS. This event along with the Athletic Meet, reunited the spirit of students and showcased spine tingling friendly competition among teams. Without the tremendous support, guidance and help of our sports teacher Mrs. Nagine, my Co-Head Prithik, our coaches and various sport committee members, we could not have succeeded in achieving our goals and conduct all the events smoothly. I would also like to take this opportunity to thank all our valuable sponsors of the ILS Cup, for supporting us greatly through this journey.

Having a number of sport events taking place, such as Basketball, Volleyball, Football, Table Tennis, Badminton, Swimming etc, provided a platform to many students to participate and showcase their talents in various fields. Our students also got the opportunity to play with some of the Nigerian schools during the ILS cup, which boosted their confidence and gave them a great exposure for playing the sport.

"Teamwork is the ability to work collaboratively with people of different views towards a common vision. The ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results." And I believe that the sports events conducted this year gave us a true experience of this.

To conclude with, all our sports events for the year 2019-20 have come to a glorious end. I would like to thank Mrs.Gupta and Mrs.Nagine for appointing me as the right person to carry the responsibility of the Head of Sports Committee. This role has given me chance to serve back to my school for the last 14years of foundational education it has provided to me as a whole. Congratulations! to all the winners and participants of this year. Also, I would like to wish good luck to the next sports heads and to all the future participants of our prestigious school ILS. Cheers and keep flying high.

Glynnis Eliza Daniel
Sports Head

The Real Deal

Sport has the potential to transform the world. It has the power to inspire... the power to unite people of every viable color. It is even more influential than governments in ripping racial barriers apart. It speaks to everyone in a language limited to no age and creates hope, where despair had once prevailed. Age is no barrier; it's a mere limitation imposed on the human mind.

It has been well-established that sports are second to oxygen in securing good health... ultimately leading to a merrier life. The role of sports has procured itself a special spot amongst the ranks of other extra-curricular activities. One man practicing sportsmanship is far better than a million preaching it. The most intriguing subject is that most of us give up even before we set eyes on the finish line.

For sports fan around the globe, sportsmen are the sole epitome of hard work and dedication. To get to the pinnacle of their sport, even the most naturally gifted athletes have to put in their all, even when there's none around to cheer them. Sports and training go hand in hand. Viewing them differently is like going to a restaurant and placing an order for a pizza without the crust. Essentially, you get nothing out of it. The most powerful weapon on Earth is the human soul on fire... the only difference that sets us apart is that some of us recognize this fire head-on, while the rest of us enjoy the view from the stands.

Do you what my favorite part of the game is..? The opportunity to play.

Personally, quotes by the likes of Muhammed Ali who said.., "I don't count my sit-ups. I only start counting once it starts hurting..." establishes an every lasting deep-thrill and excitement within me... causing a burst of self-propulsion to strive harder for greater results. It's like once-in-a-lifetime opportunity so many times. Pain is temporary. It may last a minute, an hour, a day, or even a year... However, if I quit, the guilt lasts forever. Luck? Sure. But only after hours have been invested in training and the ability to think under pressure.

Competing in sports has taught me that if I'm not willing to give my 120 percent, somebody else will. You are never really playing an opponent, you are playing yourself.., your own highest standards, and when you reach your limits... that's the real joy. If you don't invest very much, defeats and success seem very much alike. One thing we must keep in mind is that success is about having, and excellence is about being. Success is about money, fame, and all that... but, excellence is being the best version of yourself...

The mind is the ultimate barrier... cross it and you've potentially created yourself a never-ending spree of infinite talent. There may be people around you that have got bags of talent... probably even more than you, but that's no excuse for you to work any less hard than you must. Win if you Can, Lose if you Must, But NEVER QUIT! If you can't outplay them, outwork them. I always felt that my greatest asset was not my physical ability, it was my mental ability.

Persistence can change failure into extraordinary achievement... Most people never run far enough on their first wind to find out they've got a second. Continuous effort – not strength, nor intelligence – is the key to unlocking our potential. Your biggest opponent isn't the other guy... It's human nature.

Obstacles don't have to stop you. If you find yourself running into a wall, you don't turn around and give up. Rather, figure out how to climb it, go through it, or work your way around it... there's always an alternative. I hated every minute... every second of training, but I kept saying,

'Suffer now and live the rest of your life as a champion'.

"Gold medals aren't made of gold... They're made of blood, sweat, determination, and... a hard-to-find alloy called courage." For most people, winning or losing is a matter of life and death. I don't like that attitude because I can assure you it's much more serious than that. There are only two options regarding commitment... You're either IN or you're OUT. There never is such a thing as life in-between.

Prithik Saini 12-B
(Sports Head)

Quotes That Enlighten Us



ENGLISH DEPARTMENT

Mind set is what separates the Best from the rest. (Mrs S. Thakur)

We delight in the beauty of the butterfly, but rarely admit the changes it has to go through to achieve that beauty. (Ms. Ebere Oforjimba)

Your Attitude not your Aptitude, will determine your Altitude. (Mrs. N Jha)

The best education is not given to the students; it is drawn out of them. (Mrs S. Mitra)

"Silence and smile are two powerful tools. Smile is the way to solve many problems and silence is the way to avoid many problems." (Mrs .G Shergill)

"Be Selective in your battles, Sometimes Peace is better than being right" (Mrs Sonali Gaur)

Dozens Of times throughout your life, you'll outgrow what you thought you couldn't live without, and fall in love with what you didn't even know you wanted. Life will lead you on hard yet necessary paths you'd never travel by choice. Don't be afraid. Have faith. Trust the journey. (Mrs. V. Chaturvedi)

"Life isn't about finding yourself. Life is about creating yourself" (Mrs Merin V)

"Tell me and I forget. Teach me and I remember. Involve me and I learn." (Mrs Deepa Ramchandani)

"It is your reaction to adversity, not adversity itself that determines how our life's story will develop." (Mrs Subarna De)

Department of Hindi



Quotes that Guide us...

ISHITA YADAV:

Be mindful. Be grateful. Be positive. Be the reason someone smiles.

MANJU KRISHNAN

ज़िंदगी के बैंक में जब "प्यार" का
"बैलेंस" कम हो जाता है तब
"हंसी-खुशी" के चेक
बाँटस होने लगते हैं

इसलिए हमेशा अपनों के साथ
नजदीकियाँ बनाएँ रखिए और
अपनों को प्यार बाँटते रहें.....

अगर कोई
आपको याद नहीं कर पाता,
तो आप कर लीजिए,
रिश्ते निभाते वक्त
मुकाबला नहीं किया जाता !!

VANDANA BHATIA

"गिरते हैं शहसवार ही मैदान - ए - जंग में,
वो तिफल क्या गिरे, जो घूटनों के बल चले"

VINITA SHARMA

फिर से प्रयास करने से घबराना मत,
क्योंकि - इस बार शुरूआत शून्य से नहीं, अनुभव से होगी।

PADMA MEHTA

"क्यों डरे कि ज़िंदगी में क्या होगा,
हर वक्त क्यों सोचे कि बुरा होगा,
बढ़ते रहे मंजिलों की ओर हम,
कुछ ना मिला तो क्या हुआ, तजुर्बा तो नया होगा !"

VEENA TIWARI

मेरा यह मानना है कि धर्म में आस्था मनुष्य को जीवन के हर कठिन समय में भी राह पर अड़िग बने रहने और किसी भी परिस्थिति से हार ना मानने की सीख देता है। यही संस्कार हमें भी अपने पूर्वजों से मिले हैं। गायत्री महामंत्र मे मेरी भी अटूट आस्था है जिसने जीवन के हर पल में मुझे सदैव संबल प्रदान किया है।

SUDHA SHARMA

अच्छे विचारों को वश में रखो
क्योंकि यही तुम्हारी वाणी बनेगी,
अपनी वाणी को वश में रखो
क्योंकि यही तुम्हारा कर्म बनेगी,
अपने कर्मों को वश में रखो क्योंकि
यही तुम्हारी आदत बनेंगे,
अपनी आदतों को वश में रखो
क्योंकि यही तुम्हारा चरित्र बनेंगे, और
अपने चरित्र को वश में रखो
क्योंकि इसी से तुम्हारा भाग्य
बनेगा.....

GARIMA SINGH

"Instead of worrying about what you cannot control,
shift your energy to what you can create."

KUMKUM KUMAR

फूलों की सुगंध केवल वायु की दिशा में फैलती है पर एक
व्यक्ति की अच्छाई हर दिशा में फैलती है ।

NIRMALA GOYAL

"You are the creator of your own destiny"

VANDANA ARORA

ज़िन्दगी में ये मापने नहीं रखता कि आपने ज़िन्दगी को कितना
जिया,

बल्कि मापने ये रखता है कि आप ज़िन्दगी में कितना खुश
रहे।

RAVINDER KAUR

" सपने वो नहीं जो आप नींद में देखें, सपने

वो हैं जो आपको नींद ही न आने दे ।"

Favorite quotes

by Teachers of Junior School

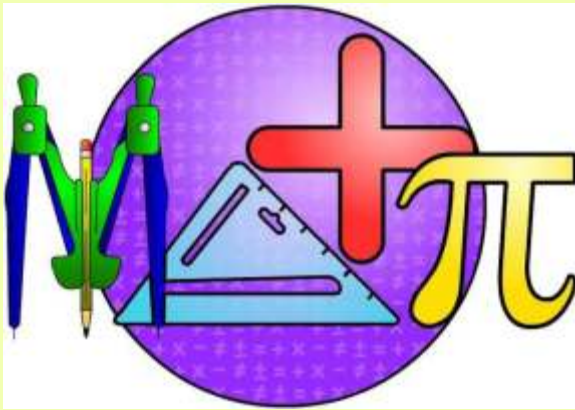
- Geetanjali Bajaj -
*If we do one random act of kindness daily, we might set the world in the right direction.
- Suneeta Thakur -
*"When life gives you hundred reasons to break down and cry, show life that you have a million reasons to smile, laugh and stay strong."
- Dolly Arora –
*"Success is not final, failure is not fatal: it is the COURAGE TO CONTINUE that counts."
- Sunita Sagar –
*"It is the supreme ART of the teacher to AWAKEN JOY, in CREATIVE EXPRESSION and KNOWLEDGE". - Albert Einstein
- Reena Taya –
*"If you want to walk fast walk alone. But if you want to walk far walk together."
- Divya Jagat –
*" You must be the change you wish to see in the world."
- Kinjal Shah –
*There will be obstacles.
There will be doubters.
There will be mistakes.
But with HARD WORK, there are no LIMITS.
- Ancy Jose –
*"Blessed is the man who remains steadfast under trial, for when he has stood the test, he will receive the crown of life which God has promised to those who love him."
- Neelam Singh -
*"One day your life will flash before your eyes. Make sure it's worth watching".
- Deepa Jain –
*"The Greatest lesson I have learned in LIFE is that I still have a lot to learn".
- Aarti Sood –
*"When you kneel down to God,
He stands up for you
And when he stands up for you
No one can stand against you."
- Anju Agnihotri –
*हौसला कम न कर,
खुद पर कर यकीन,
हर घड़ी हर सू, इम्तिहान लेगी ज़िन्दगी!
न मंज़िल की फ़िक्र कर,
न रास्तों पर छोड़ उम्मीद..
यह सफ़र भी कट जाएगा,
रख यकीन, रख यकीन!
- Sunita Tejwari –
*"If I cannot do great things, I can do small things in a great way."
- Arpana Pujar –
*Life is short.
Cut out negativity, forget gossip,
Say goodbye to people who don't care.
Spend time with people who are always there.
- Janvi Motiramani –
* "Old friends pass away, new friends appear. It is just like the days. An old day passes, a new day arrives. The important thing is to make it meaningful: a meaningful friend – or a meaningful day."
– Dalai Lama
- Anita Jiwrajka –
*"Life is about accepting the challenges along the way, choosing to keep moving forward, and savoring the journey." Roy T. Bennett
- Parul Sud –
*"Surround yourself with people who have dreams, desire and ambition; they'll help you push for, and realize your own."
- Anamika Sharma –
*? ???? ???? ???? ???? ???? ???? ???? ???? ???? ????
??? ???? ???? ???? ??
- Poonam Sharma –
*"You can't change any situation in life. You can only choose how to deal with it."

Social Science

DEPARTMENT

Quote that inspires me...

NAME	QUOTATION
BINDU MATHEW	Nothing happens by accident; you are exactly where God wants you to be.
NISHA RAMCHANDANI	If you are not willing to learn, no one can help you! If you are determined to learn, no one can stop you!
KOMAL MOHITE	When you really want something, the whole universe conspires in helping you to achieve it.
SWEETY RATHI	There is no elevator to success, you have to take stairs.
SEEMA TANDON	Success is not final; failure is not fatal: It is the courage to ---
DEEPALI DIXIT	Hard work doesn't guarantee success, but improves its chances.
SANU AGARWAL	Forget the mistake, remember the lesson
SAVI MELVANI	When difference takes place between your Saying and Doing- consider it as the beginning of your downfall. So, keep your mind and karma in check.
LEENA DAM	Quality of your thinking determines the quality of your life and time has its own way of revealing this truth. So be patient, be wise and walk the way of life.
JYOTSNA SINHA	A positive attitude is a person's passport to a better tomorrow.
AKANKSHA BISHT	Happiness is not something readymade; it comes from your own actions.
ALISON PAUL	For beautiful eyes, look for the good in others, for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone.



Word to keep our spirits high...

Manisha Jain: We should treat others the way we want to be treated.

Anuradha Dhawan: I think goals should never be easy; they should force you to work, even if they are uncomfortable at the time.

Seema Khule: Work hard in silence; let success make the noise.

Meenu Vaid: "You must enjoy the journey because whether or not you got there, you must have fun on the way"

Madhuri Shukla: Maturity is when a person hurts you and you try to understand their situation rather than hurting them back.

Aanchal Singh: My goal is not to be better than anyone else, but to be better than I used to be.

Lakshmi Pillai: Raise your words, not your voice. It is rain that grows flowers, not thunder.

Neelam Sharma: Never give up. There is no such thing as an ending. Just a new beginning.

Karanjyot Bali: Teaching a student a lesson in a day is easy but by teaching him to learn while creating curiosity, the learning process will be continued as long as he lives.

Natasha Steve: WE DON'T DISCOVER THE MEANING OF LIFE..... WE CREATE A LIFE OF MEANING.....

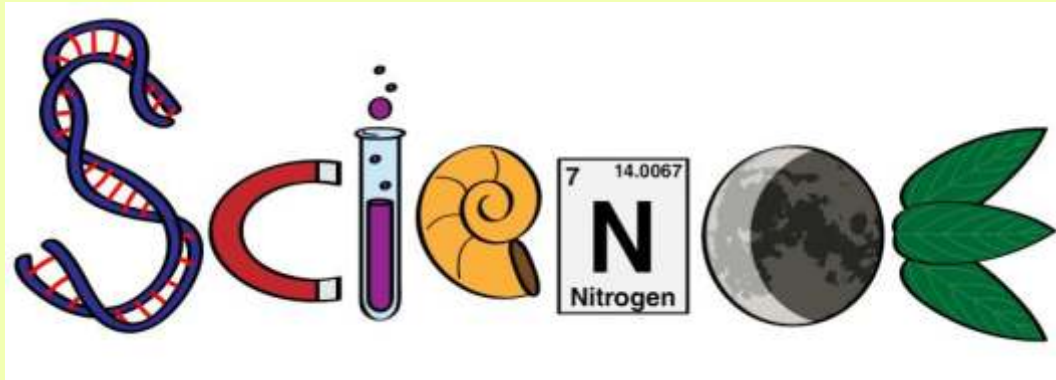
Parineeta Thapa: Courage, will-power and confidence in your abilities will carry you *To Greater Heights*

Shweta Jamloki: If a drop of water falls in a lake, there is no identity, but if it falls on a leaf it shines.....

So, choose the best place where your ability shines.....

Our destiny is not created by the shoes we wear, but by the steps we take.....

Meenal Singh: The planet does not need more successful people. The planet desperately needs more peacemakers, healers, restorers, storytellers, and lovers of every kind.



Our Favourite Quotes...

Rashmi Lakhanpal.

Dream is not what you see in sleep, dream is something which doesn't let you sleep.

Gurpreet Mannaise.

A comfort zone is a beautiful place, but nothing ever grows there.

Anusha Mani Kurian

Encourage yourself, believe in yourself and love yourself.

Never doubt who you are.

Lalitha Chandershekhar

Patience is the calm acceptance that things can happen in a different order than the one you have in mind."

Karanjot Bali.

Teaching a student a lesson in a day is easy but by teaching him to learn while creating curiosity, the learning process will be continued as long as he lives."

Jisha PV.

Great teachers are passionate about what they teach and respectful of those they teach.

Dipti Ghosh.

Always try to represent yourself happy because initially, it becomes your look. Gradually it becomes your habit and finally, it becomes your personality." – Swami Vivekananda

Aman Chawla.

Everything happens for a reason and that reason causes change, Sometimes it hurts, at times it's hard. But in the end, it's all for the best . Never stop trusting God and His plans.

Hemamalini Mohan.

"The mind is not a vessel that needs filling, but wood that needs igniting" - Plutarch

Anita Bohra.

The heights by great men reached and kept were not attained by sudden flight, But they, while their companions slept, were toiling upward in the night.____ By Henry Wadsworth Longfellow

Dhanya Arun.

"The first to apologize is the bravest. The first to forgive is the strongest. The first to forget is the happiest"